



Fig. 5.

Fig. 6.

This Guide Belongs to:

Fig. 7.

Fig. 9.

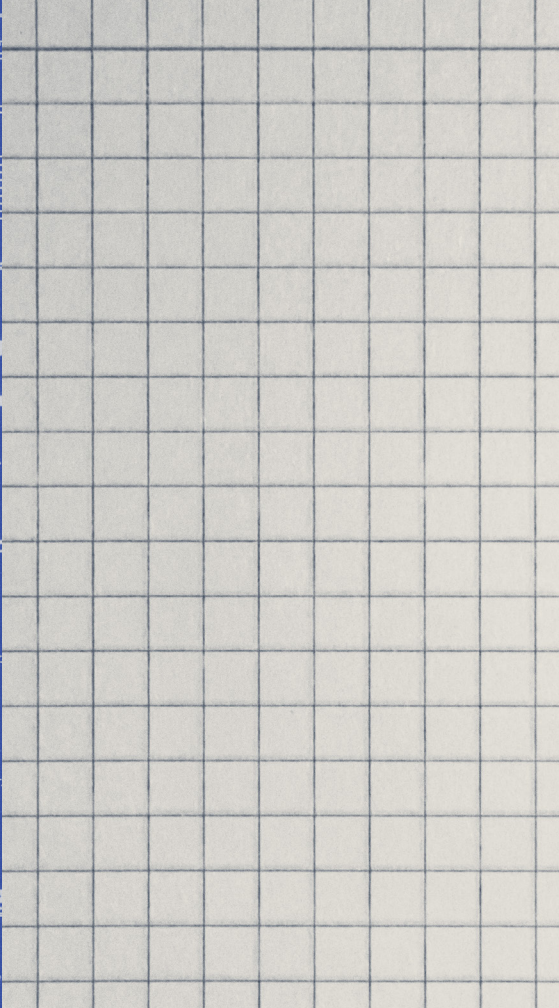
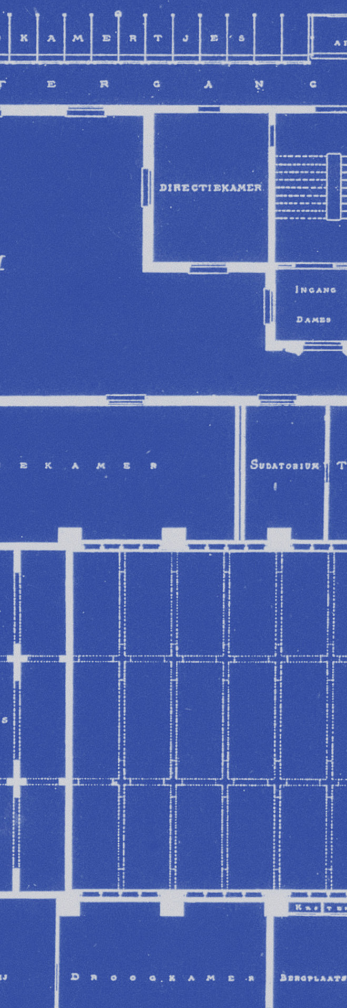
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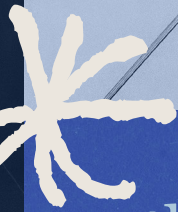
Fig. 10.

Fig. 11.

Fig. 12.

Note: all scripture is taken from the English Standard Version (ESV)





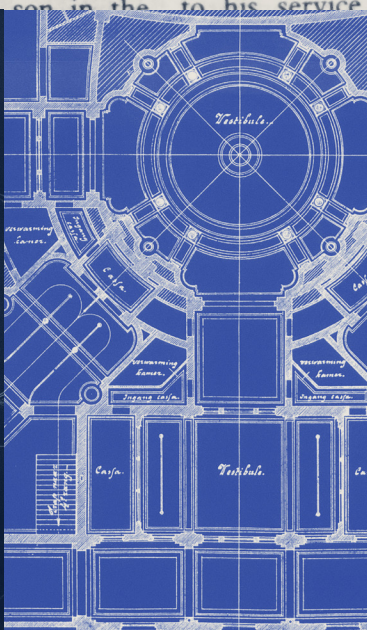
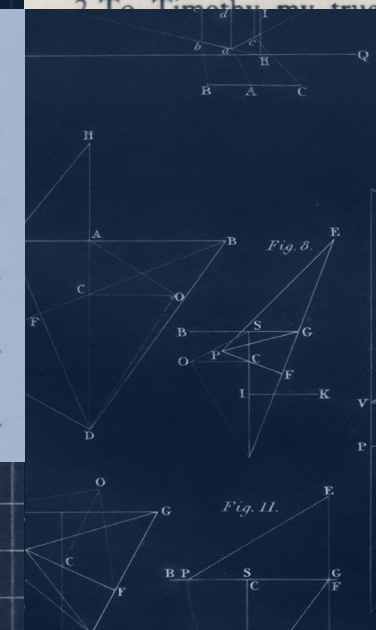
the book of

# 1 Timothy

**1** Paul, an apostle of Christ Jesus by the command of God our Saviour and of Christ Jesus our hope,

*The Lord's Grace*  
12 I thank  
who has given  
considered me  
to his service

2 To Timothy my true son in the



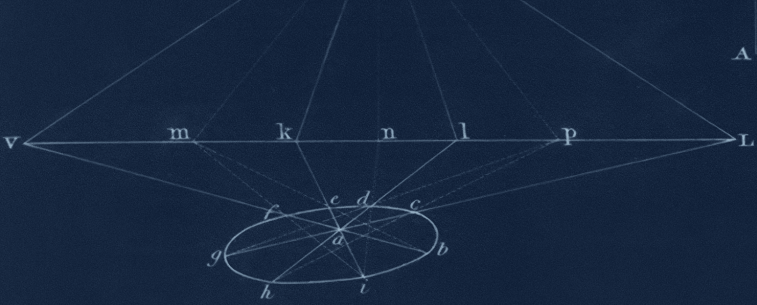


Fig. 5.

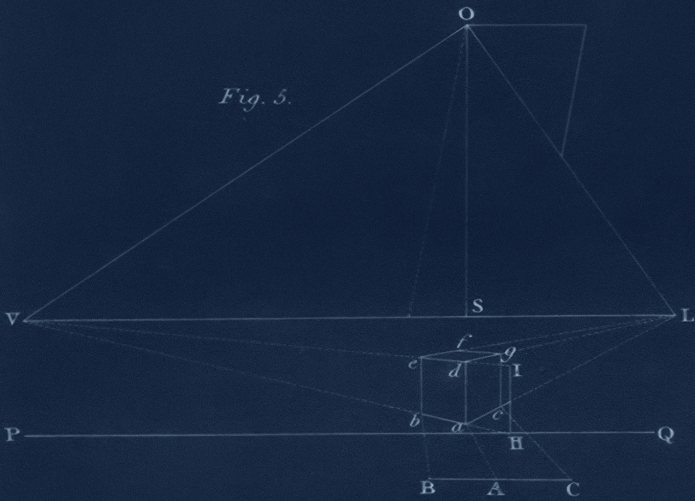


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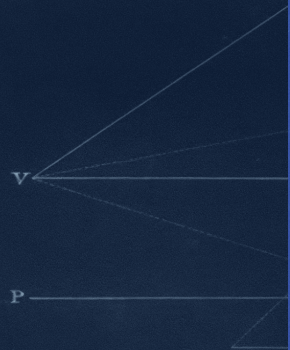


Fig. 7.

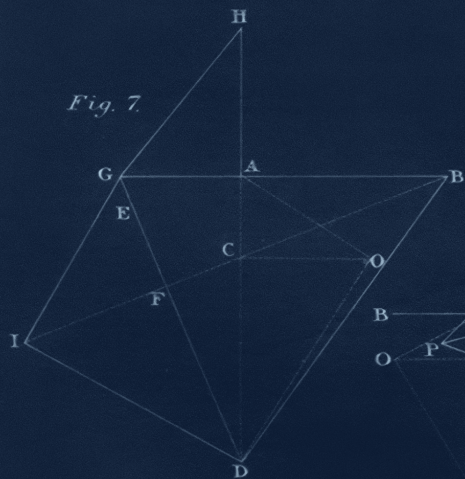


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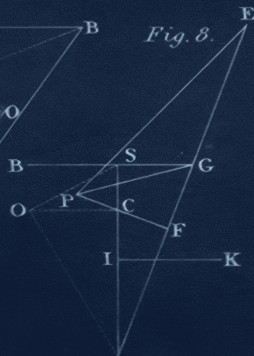


Fig. 9.

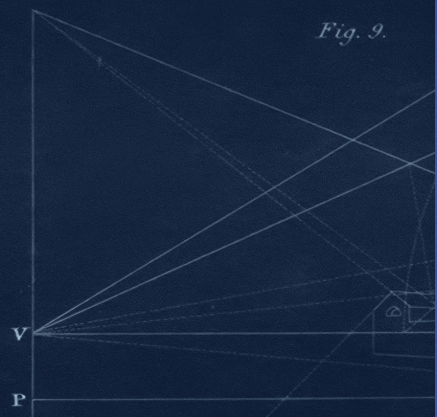


Fig. 10.



Fig. 11.

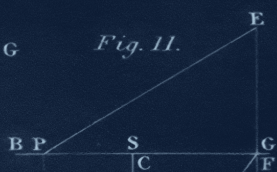
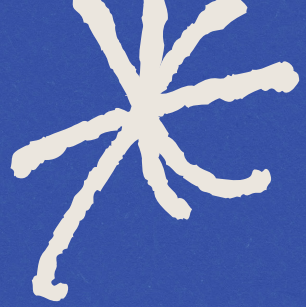


Fig. 12.



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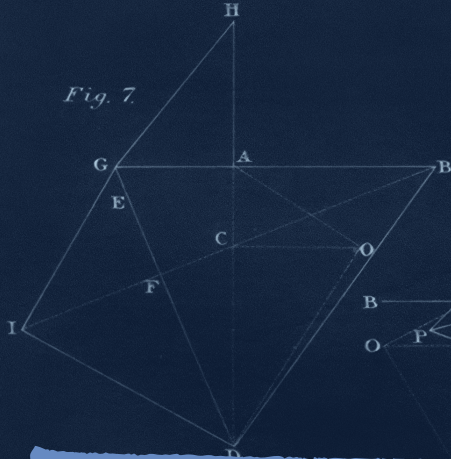
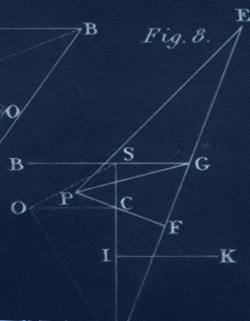
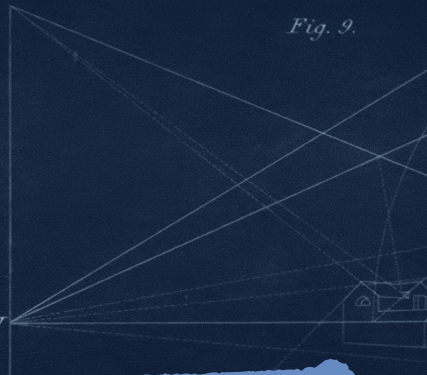
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Scripture Memorization Tips

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*Fig. 7.**Fig. 8.**Fig. 9.*

# Welcome to the Family

The church is a family first. It goes far deeper than people you worship near once a week. And like every family, it works best when everyone knows their place in it.

This journal exists because we believe the church family God has placed you in is one of His greatest gifts to you and that you are one of His greatest gifts to His church. Over the next 12 weeks as we work through the book of 1 Timothy together, we want to help you understand Scripture and live it — in community, on purpose, with the people God has already placed around you in your church family.

# How to Use This Journal

Inside, you will find the entire book of 1 Timothy printed out verse by verse, with space to take notes as you listen to the message on Sundays and as you read on your own during the week. Record what God shows you in the margins provided.

You'll also find 12 reflection guides to help you read a few verses from 1 Timothy, pray it back to God, then take what God shows you into your church family. Every reflection guide has two parts to help you do just that:

## *Pray It.*

We'll walk you through what it looks like to take a passage of Scripture and turn it into a prayer. We'll start the prayer together to help us find our own words, then follow a prompt to personalize the prayer a step further.

## *Pass It On.*

This section includes three conversation starters rooted in what you just prayed through — one for each direction of the relationships God has designed you to invest in. In 1 Timothy 1:2, Paul writes to Timothy and calls him “my true son in the faith.” That one phrase shows us so much about how the church is supposed to function in relationships. Paul had someone he was learning from. Timothy had someone pouring into him. They were also both following Jesus alongside others.



*Look Ahead.*

*Who is further along in faith than you?* Someone whose walk with God you respect and whose wisdom you need? That's your Paul. One of the three conversation starters each week is designed for them.

*Look Beside.*

*Who is in the same season of life and faith as you?* A friend in your group, someone on your Reach Team, a fellow church member in a similar life stage? That's your person to process with about what God is teaching you.

*Look Behind.*

*Who is in the same season of life and faith as you?* A friend in your group, someone on your Reach Team, a fellow church member in a similar life stage? That's your person to process with about what God is teaching you.

*Look Behind.*

*Who is newer to faith than you?* Someone you could encourage, challenge, or simply invite into what God is showing you? That's your Timothy. Take what God shows you, and pour it into them.

We are confident each of these relationships exist for you within your church family right now.



# You Belong Here! *Yes, You!*

The enemy does not want you to engage with your church family. He does not want you to learn from your Paul, invest in your Timothy, or lock arms with the person walking beside you. He may have already whispered one of these lies that this is not for you, and we want to be proactive in getting ahead of his deception.

*“I’m too young.”*

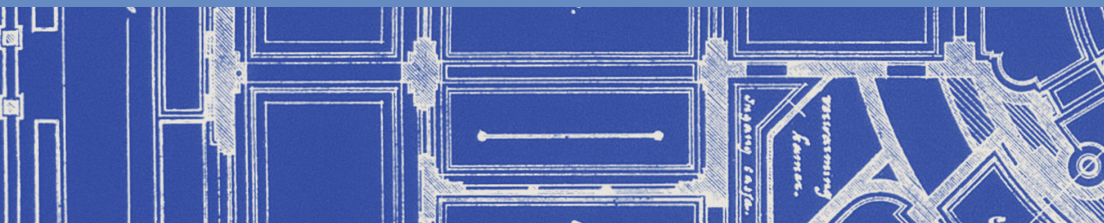
In 1 Timothy 4:12, Paul tells Timothy directly: “Don’t let anyone look down on you because you are young.” Age has never been God’s primary qualification. No matter your age, you have something to offer your church family. Parents — if your child has accepted Christ, this journal is for them too. Work through it together. You will be so encouraged by what God is already doing in them.

*“I’m too old.”*

You never retire from your church family. As long as God has you here, He has someone in mind for you to walk alongside. Your years of following Jesus are exactly what someone younger in the faith needs to help them grow.

*“I don’t know enough.”*

Nobody who has ever been used by God felt ready first. Your Timothy does not need you to have all the answers — they need you to be willing to share what God has done and is doing in your life right now.



*"I'm too busy."*

The conversations this journal sparks can happen in a parking lot, at the ballfield, or in a 10-minute phone call. You have time for that. Just be willing to bring the people already in your life into what God is doing in you.

*"No one will notice if I don't."*

Everyone might not, but someone will. Your presence in this church family is part of how God designed this family to work, and someone in it needs you.

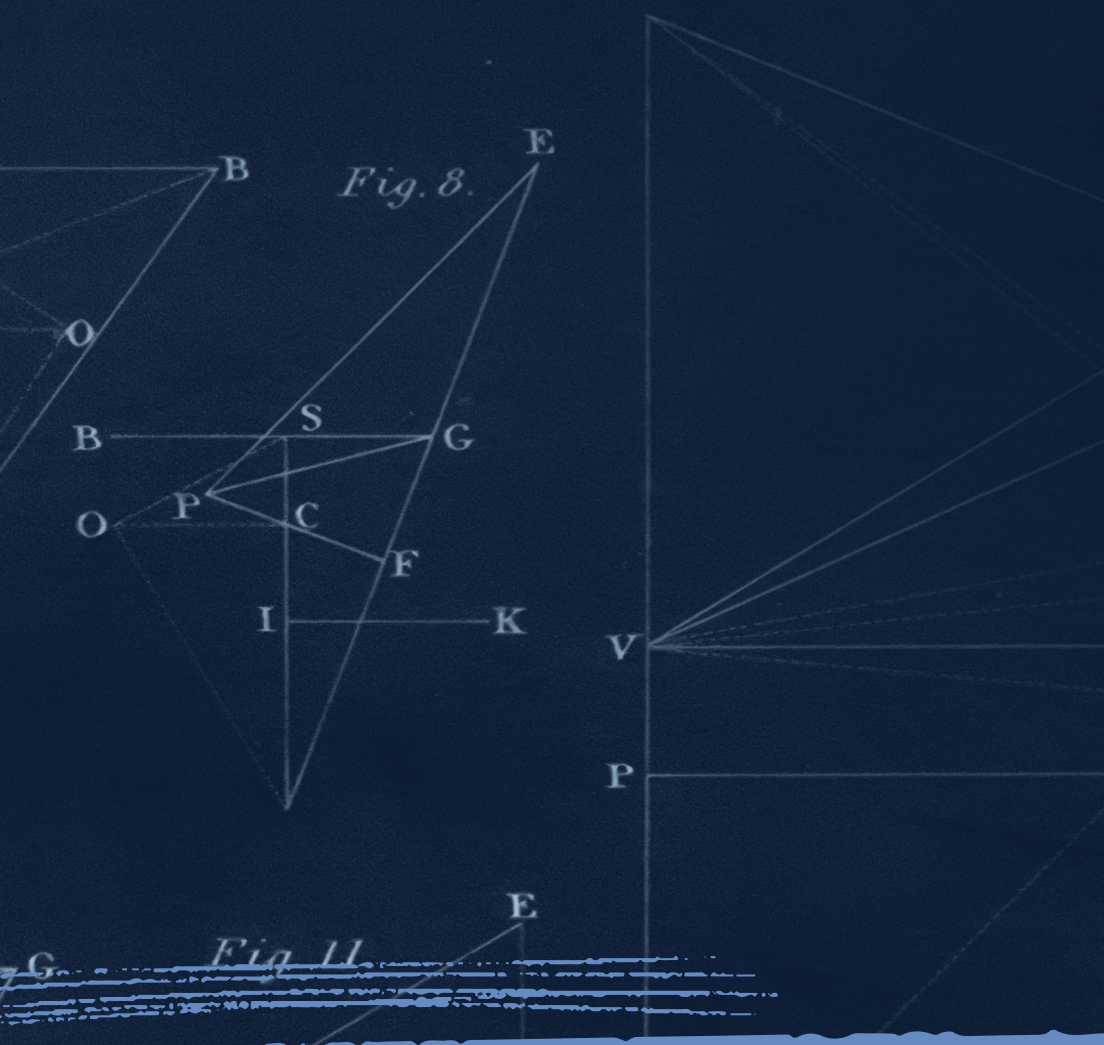
*"I'm not needed."*

You are. In 1 Timothy 4:14, Paul tells Timothy: "Do not neglect the gift you have." God specifically placed you in this church family at this exact moment in time. The obedience He prepared for you includes what happens here, with these people, in this family.

**You are needed.  
You are loved.  
And you are sent.**

*Let's get  
started!*





# 1 Timothy at a Glance

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## *Fig.* Author:

Paul (written to his disciple, Timothy)

## Date Written:

60-70 A.D.

## Main Idea:

What we believe shapes how we live — and how we live shapes the church family God is building.

## Key Passages:

- Sound Doctrine 1:3-7
- The Gospel 1:15-17
- Qualifications for Church Leaders 3:11-13
- Setting a Good Example 4:6-16
- Fight the Good Fight 6:11-21

1 Paul, an apostle of Christ Jesus by the command of God our Saviour and of Christ Jesus our hope,

2 To Timothy my true son in the faith:

Grace, mercy and peace from God

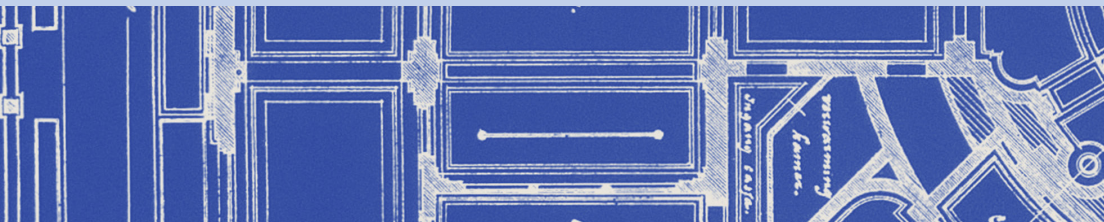
The Lord's Servant  
12 I thank Christ Jesus our Lord, who has given me strength, that he considered me faithful, appointing me to his service. <sup>13</sup>Even though I was once a blasphemer and a persecutor and a violent man, I was shown mercy because I acted in ignorance and <sup>14</sup>The grace of our Lord was abundantly shown

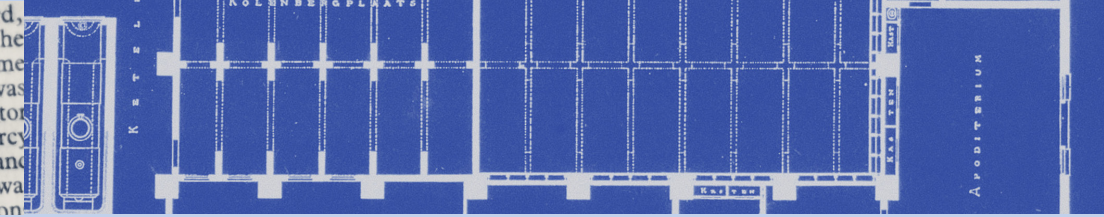
# About 1 Timothy

1 Timothy is a letter from the apostle Paul to his younger co-worker in ministry, Timothy, who was serving the church in Ephesus. Paul writes to stabilize and strengthen a local church facing confusion, false teaching, and disorder.

The Ephesian church was being influenced by distorted teaching that was pulling believers away from the truth of the gospel. Paul urges Timothy to guard that truth, address the false teaching directly, and ensure that the church is structured in a way that reflects the character of God.

Across six chapters, Paul gives practical instructions about worship, leadership, prayer, generosity, and personal holiness. He outlines qualifications for elders and deacons, speaks to men and women in the church, addresses the care of widows, and challenges Timothy to set an example in speech, conduct, love, faith, and purity (4:12). He also defines the church as God's family, and that it exists to guard and display what is true about God (3:15).

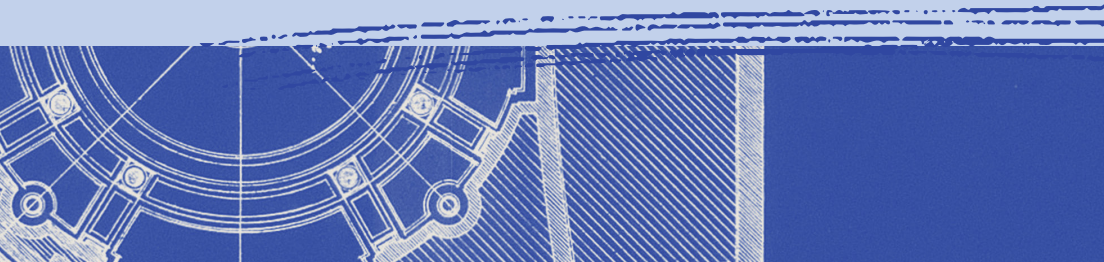




## How the Letter Unfolds

- \* 1 Timothy 1 — Paul urges Timothy to center the church on the true gospel
- \* 1 Timothy 2–3 — Instructions for worship and leadership in God’s household
- \* 1 Timothy 4 — A call to personal faithfulness and perseverance in teaching
- \* 1 Timothy 5–6 — Practical guidance for relationships within the church and a strong warning about the dangers of loving money over God

This letter was written so we would see that the gospel saves individuals and shapes a community. When the church is rooted in the gospel, it reflects the heart of God to the world — and that is exactly what we pray happens right here in WNC and to the ends of the earth through Biltmore Church.







The background of the top half of the image is a dark blue field filled with various technical drawings and architectural plans in a lighter blue color. These include geometric diagrams with labeled points (A, B, C, D, E, F, G, H, I, K, L, M, N, O, P, Q, R, S, T, U, V, W, X, Y, Z, a, b, c, d, e, f, g, h, i, j, k, l, m, n, o, p, q, r, s, t, u, v, w, x, y, z), lines, and curves. Some diagrams are labeled with 'Fig. 10', 'Fig. 11', and 'Fig. 12'. The bottom half of the image features a detailed architectural plan of a building's interior, showing a large central circular space labeled 'Vestibula' and several smaller rectangular rooms. The drawing is a white line on a blue background, with some areas shaded with diagonal lines. The overall style is that of a technical or architectural drawing.

\*  
Scripture

# the book of 1 Timothy

## *Greeting*

<sup>1</sup> Paul, an apostle of Christ Jesus by command of God our Savior and of Christ Jesus our hope,

<sup>2</sup> To Timothy, my true child in the faith:

Grace, mercy, and peace from God the Father and Christ Jesus our Lord.

## *Warning Against False Teachers*

<sup>3</sup> As I urged you when I was going to Macedonia, remain at Ephesus so that you may charge certain persons not to teach any different doctrine, <sup>4</sup> nor to devote themselves to myths and endless genealogies, which promote speculations rather than the stewardship from God that is by faith. <sup>5</sup> The aim of our charge is love that issues from a pure heart and a good conscience and a sincere faith. <sup>6</sup> Certain persons, by swerving from these, have wandered away into vain discussion, <sup>7</sup> desiring to be teachers of the law, without understanding either what they are saying or the things about which they make confident assertions.

<sup>8</sup> Now we know that the law is good, if one uses it lawfully, <sup>9</sup> understanding this, that the law is not laid down for the just but for the lawless



and disobedient, for the ungodly and sinners, for the unholy and profane, for those who strike their fathers and mothers, for murderers,<sup>10</sup> the sexually immoral, men who practice homosexuality, enslavers, liars, perjurers, and whatever else is contrary to sound doctrine,<sup>11</sup> in accordance with the gospel of the glory of the blessed God with which I have been entrusted.

*Christ Jesus Came to Save Sinners*

<sup>12</sup> I thank him who has given me strength, Christ Jesus our Lord, because he judged me faithful, appointing me to his service,<sup>13</sup> though formerly I was a blasphemer, persecutor, and insolent opponent. But I received mercy because I had acted ignorantly in unbelief,<sup>14</sup> and the grace of our Lord overflowed for me with the faith and love that are in Christ Jesus.<sup>15</sup> The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners, of whom I am the foremost.<sup>16</sup> But I received mercy for this reason, that in me, as the foremost, Jesus Christ might display his perfect patience as an example to those who were to believe in him for eternal life.<sup>17</sup> To the King of the ages, immortal, invisible, the only God, be honor and glory forever and ever. Amen.

<sup>18</sup> This charge I entrust to you, Timothy, my child, in accordance with the prophecies previously made about you, that by them you may wage the good warfare,<sup>19</sup> holding faith and a good conscience.

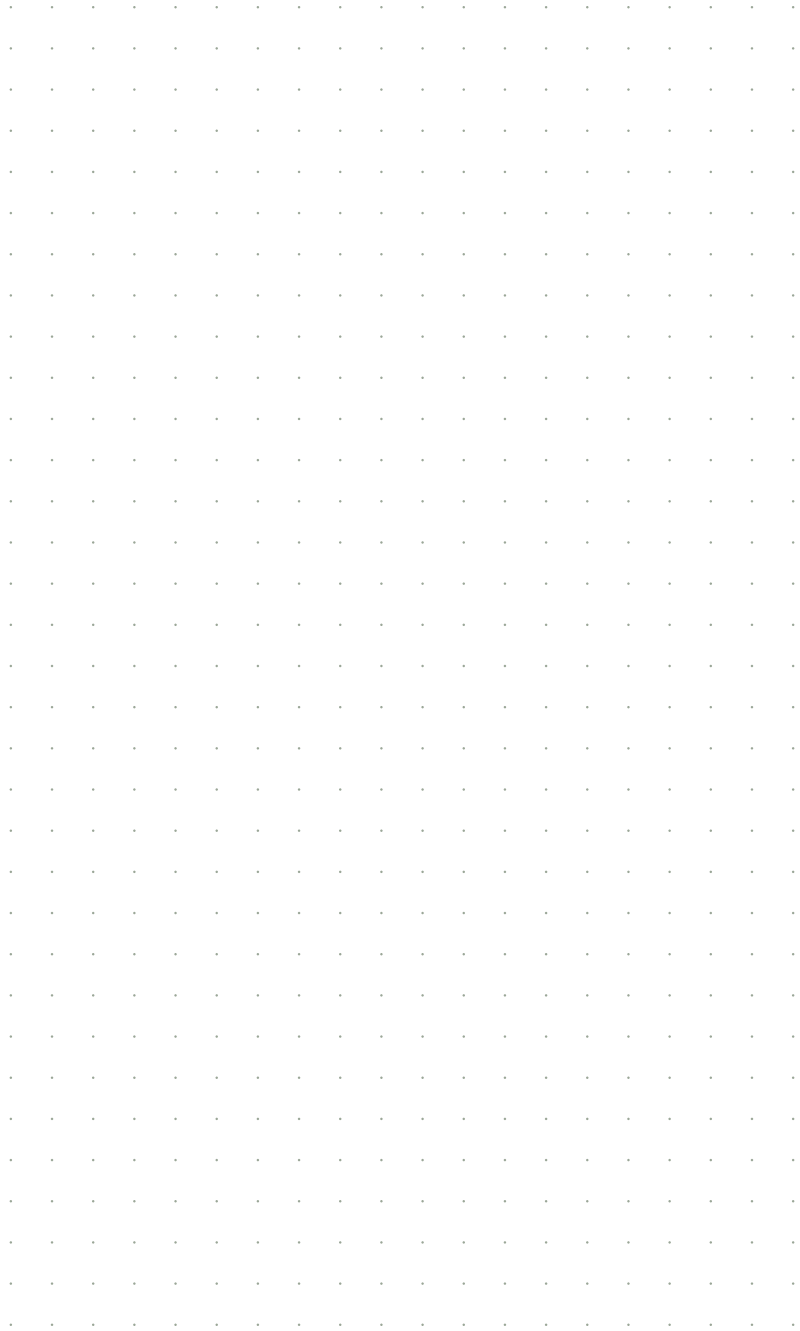


By rejecting this, some have made shipwreck of their faith, <sup>20</sup> among whom are Hymenaeus and Alexander, whom I have handed over to Satan that they may learn not to blaspheme.

*Pray for All People*

**2** First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, <sup>2</sup> for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. <sup>3</sup> This is good, and it is pleasing in the sight of God our Savior, <sup>4</sup> who desires all people to be saved and to come to the knowledge of the truth. <sup>5</sup> For there is one God, and there is one mediator between God and men, the man Christ Jesus, <sup>6</sup> who gave himself as a ransom for all, which is the testimony given at the proper time. <sup>7</sup> For this I was appointed a preacher and an apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

<sup>8</sup> I desire then that in every place the men should pray, lifting holy hands without anger or quarreling; <sup>9</sup> likewise also that women should adorn themselves in respectable apparel, with modesty and self-control, not with braided hair and gold or pearls or costly attire, <sup>10</sup> but with what is proper for women who profess godliness—with good works. <sup>11</sup> Let a woman learn quietly with all submissiveness. <sup>12</sup> I do not permit a woman to teach or to exercise authority over a man; rather,



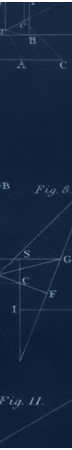
she is to remain quiet. <sup>13</sup> For Adam was formed first, then Eve; <sup>14</sup> and Adam was not deceived, but the woman was deceived and became a transgressor. <sup>15</sup> Yet she will be saved through childbearing—if they continue in faith and love and holiness, with self-control.

### *Qualifications for Overseers*

3 The saying is trustworthy: If anyone aspires to the office of overseer, he desires a noble task. <sup>2</sup> Therefore an overseer must be above reproach, the husband of one wife, sober-minded, self-controlled, respectable, hospitable, able to teach, <sup>3</sup> not a drunkard, not violent but gentle, not quarrelsome, not a lover of money. <sup>4</sup> He must manage his own household well, with all dignity keeping his children submissive, <sup>5</sup> for if someone does not know how to manage his own household, how will he care for God's church? <sup>6</sup> He must not be a recent convert, or he may become puffed up with conceit and fall into the condemnation of the devil. <sup>7</sup> Moreover, he must be well thought of by outsiders, so that he may not fall into disgrace, into a snare of the devil.

### *Qualifications for Deacons*

<sup>8</sup> Deacons likewise must be dignified, not double-tongued, not addicted to much wine, not greedy for dishonest gain. <sup>9</sup> They must hold the mystery of the faith with a clear conscience.



<sup>10</sup> And let them also be tested first; then let them serve as deacons if they prove themselves blameless. <sup>11</sup> Their wives likewise must be dignified, not slanderers, but sober-minded, faithful in all things. <sup>12</sup> Let deacons each be the husband of one wife, managing their children and their own households well. <sup>13</sup> For those who serve well as deacons gain a good standing for themselves and also great confidence in the faith that is in Christ Jesus.

### *The Mystery of Godliness*

<sup>14</sup> I hope to come to you soon, but I am writing these things to you so that, <sup>15</sup> if I delay, you may know how one ought to behave in the household of God, which is the church of the living God, a pillar and buttress of the truth. <sup>16</sup> Great indeed, we confess, is the mystery of godliness:

He was manifested in the flesh,  
vindicated by the Spirit,  
seen by angels,  
proclaimed among the nations,  
believed on in the world,  
taken up in glory.

### *Some Will Depart from the Faith*

**4** Now the Spirit expressly says that in later times some will depart from the faith by devoting themselves to deceitful spirits and teachings of demons, <sup>2</sup> through the insincerity of liars whose consciences are seared, <sup>3</sup> who

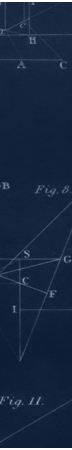


forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth. <sup>4</sup> For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, <sup>5</sup> for it is made holy by the word of God and prayer.

### *A Good Servant of Christ Jesus*

<sup>6</sup> If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of the faith and of the good doctrine that you have followed. <sup>7</sup> Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; <sup>8</sup> for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. <sup>9</sup> The saying is trustworthy and deserving of full acceptance. <sup>10</sup> For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe.

<sup>11</sup> Command and teach these things. <sup>12</sup> Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. <sup>13</sup> Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching. <sup>14</sup> Do not neglect the gift you have, which was given you by prophecy when the council of elders laid their hands on



you. <sup>15</sup> Practice these things, immerse yourself in them, so that all may see your progress. <sup>16</sup> Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.

### *Instructions for the Church*

**S** Do not rebuke an older man but encourage him as you would a father, younger men as brothers, <sup>2</sup> older women as mothers, younger women as sisters, in all purity.

<sup>3</sup> Honor widows who are truly widows. <sup>4</sup> But if a widow has children or grandchildren, let them first learn to show godliness to their own household and to make some return to their parents, for this is pleasing in the sight of God. <sup>5</sup> She who is truly a widow, left all alone, has set her hope on God and continues in supplications and prayers night and day, <sup>6</sup> but she who is self-indulgent is dead even while she lives. <sup>7</sup> Command these things as well, so that they may be without reproach. <sup>8</sup> But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever.

<sup>9</sup> Let a widow be enrolled if she is not less than sixty years of age, having been the wife of one husband, <sup>10</sup> and having a reputation for good works: if she has brought up children, has shown hospitality, has washed the feet



of the saints, has cared for the afflicted, and has devoted herself to every good work. <sup>11</sup> But refuse to enroll younger widows, for when their passions draw them away from Christ, they desire to marry <sup>12</sup> and so incur condemnation for having abandoned their former faith. <sup>13</sup> Besides that, they learn to be idlers, going about from house to house, and not only idlers, but also gossips and busybodies, saying what they should not. <sup>14</sup> So I would have younger widows marry, bear children, manage their households, and give the adversary no occasion for slander. <sup>15</sup> For some have already strayed after Satan. <sup>16</sup> If any believing woman has relatives who are widows, let her care for them. Let the church not be burdened, so that it may care for those who are truly widows.

<sup>17</sup> Let the elders who rule well be considered worthy of double honor, especially those who labor in preaching and teaching. <sup>18</sup> For the Scripture says, "You shall not muzzle an ox when it treads out the grain," and, "The laborer deserves his wages." <sup>19</sup> Do not admit a charge against an elder except on the evidence of two or three witnesses. <sup>20</sup> As for those who persist in sin, rebuke them in the presence of all, so that the rest may stand in fear. <sup>21</sup> In the presence of God and of Christ Jesus and of the elect angels I charge you to keep these rules without prejudging, doing nothing from partiality. <sup>22</sup> Do not be hasty in the laying on

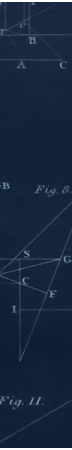


of hands, nor take part in the sins of others; keep yourself pure. <sup>23</sup> No longer drink only water, but use a little wine for the sake of your stomach and your frequent ailments. <sup>24</sup> The sins of some people are conspicuous, going before them to judgment, but the sins of others appear later. <sup>25</sup> So also good works are conspicuous, and even those that are not cannot remain hidden.

**6** Let all who are under a yoke as bondservants regard their own masters as worthy of all honor, so that the name of God and the teaching may not be reviled. <sup>2</sup> Those who have believing masters must not be disrespectful on the ground that they are brothers; rather they must serve all the better since those who benefit by their good service are believers and beloved.

### *False Teachers and True Contentment*

Teach and urge these things. <sup>3</sup> If anyone teaches a different doctrine and does not agree with the sound words of our Lord Jesus Christ and the teaching that accords with godliness, <sup>4</sup> he is puffed up with conceit and understands nothing. He has an unhealthy craving for controversy and for quarrels about words, which produce envy, dissension, slander, evil suspicions, <sup>5</sup> and constant friction among people who are depraved in mind and deprived of the truth, imagining that godliness is a means of gain. <sup>6</sup> But godliness with contentment is



great gain, <sup>7</sup> for we brought nothing into the world, and we cannot take anything out of the world. <sup>8</sup> But if we have food and clothing, with these we will be content. <sup>9</sup> But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction. <sup>10</sup> For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs.

*Fight the Good Fight of Faith*

<sup>11</sup> But as for you, O man of God, flee these things. Pursue righteousness, godliness, faith, love, steadfastness, gentleness. <sup>12</sup> Fight the good fight of the faith. Take hold of the eternal life to which you were called and about which you made the good confession in the presence of many witnesses. <sup>13</sup> I charge you in the presence of God, who gives life to all things, and of Christ Jesus, who in his testimony before Pontius Pilate made the good confession, <sup>14</sup> to keep the commandment unstained and free from reproach until the appearing of our Lord Jesus Christ, <sup>15</sup> which he will display at the proper time—he who is the blessed and only Sovereign, the King of kings and Lord of lords, <sup>16</sup> who alone has immortality, who dwells in unapproachable light, whom no one has ever seen or can see. To him be honor and eternal dominion. Amen.



<sup>17</sup> As for the rich in this present age, charge them not to be haughty, nor to set their hopes on the uncertainty of riches, but on God, who richly provides us with everything to enjoy. <sup>18</sup> They are to do good, to be rich in good works, to be generous and ready to share, <sup>19</sup> thus storing up treasure for themselves as a good foundation for the future, so that they may take hold of that which is truly life.

<sup>20</sup> O Timothy, guard the deposit entrusted to you. Avoid the irreverent babble and contradictions of what is falsely called “knowledge,” <sup>21</sup> for by professing it some have swerved from the faith.

Grace be with you.

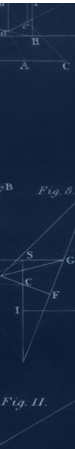
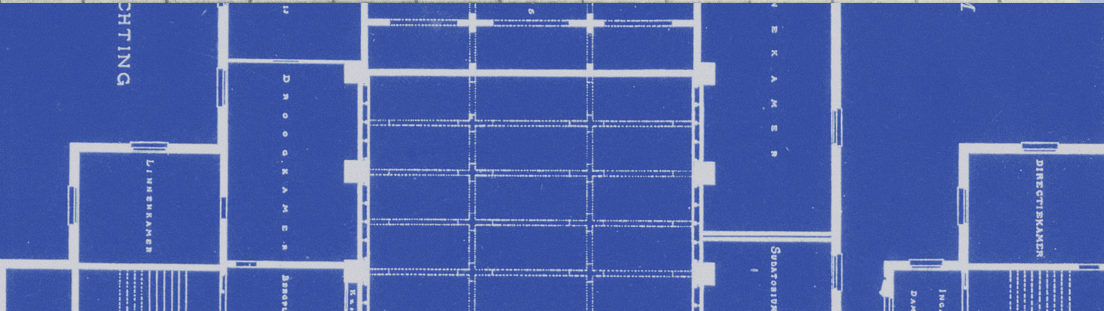
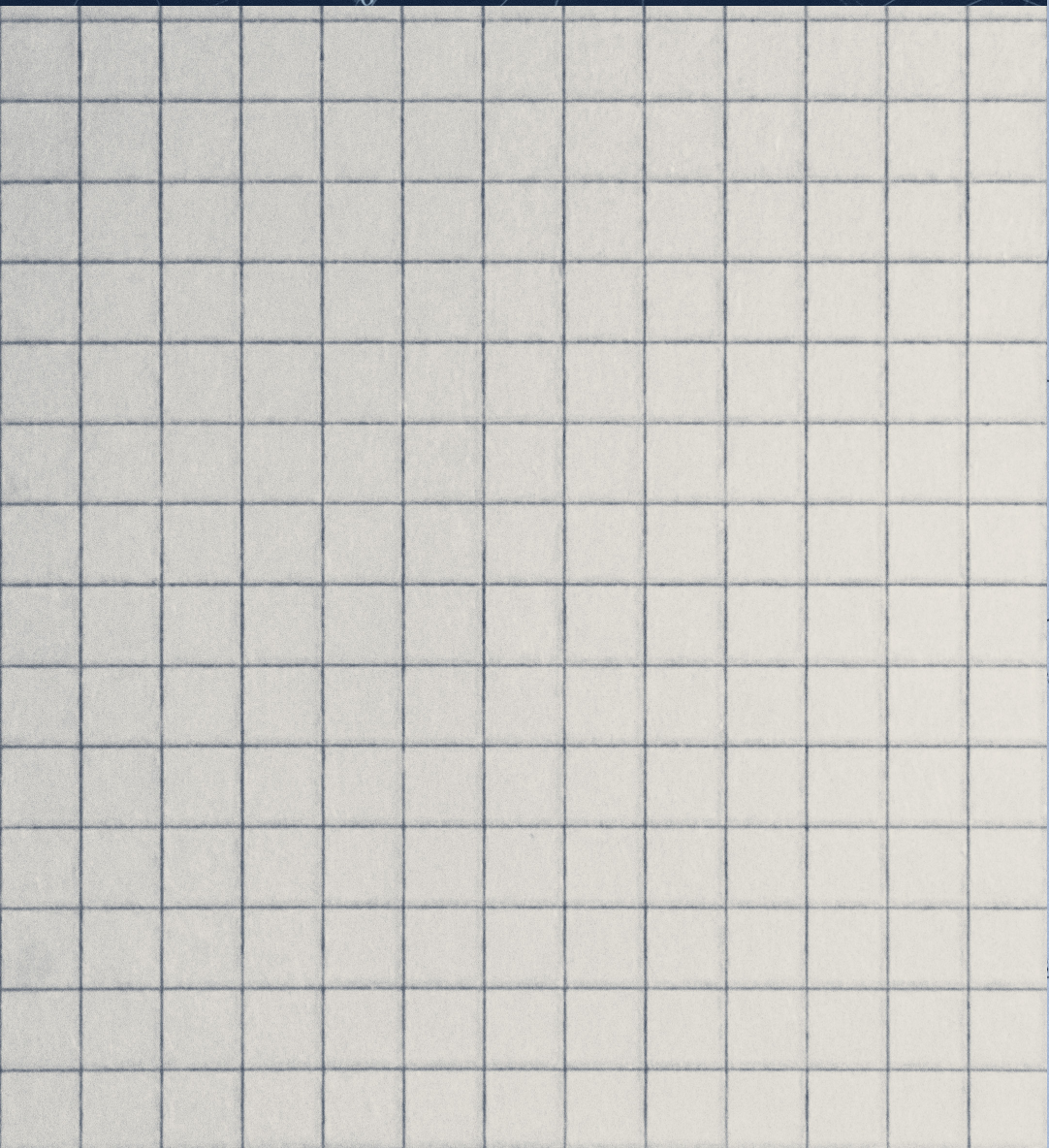


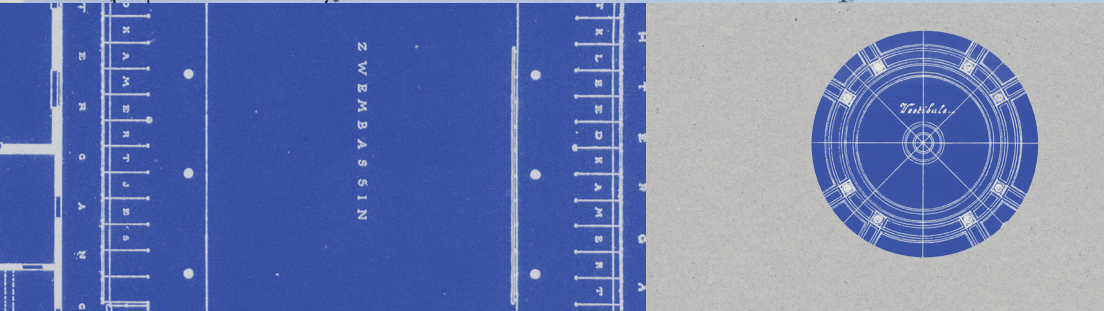


Fig. 8.





# Weekly Reflection Guides



# Love is the Goal

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Read **1 Timothy 1:1–7** slowly. Underline anything God seems to be drawing your attention to.

Paul grounds everything (his authority, his relationship with Timothy, and his instructions for the church) in one aim: love flowing from a pure heart, a good conscience, and a sincere faith.



*Father, thank You that Paul's authority came from You, that his call was by Your command and was rooted in the hope of Jesus. Remind me today that everything in my life traces back to You. You are my source.*

*Thank You for the picture of Paul and Timothy, a spiritual father and son connected by You. Would You give me those kinds of relationships in my church family? I need someone to learn from and someone to pour into.*

*Lord, the goal of Your instruction is love – the kind that flows from a pure heart, a good conscience, and a sincere faith. That is what I want. Produce that in me. Purify my heart. Steady my conscience. Strengthen my faith. Let love be the evidence that You are doing a transforming work in me.*

*Guard me from wandering into conversations that sound meaningful but don't lead me closer to You. Keep me anchored in what actually matters.*

Amen.



# What God Can Do With Your Past

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Read **1 Timothy 1:12–17** slowly. Underline anything God seems to be drawing your attention to.

In these verses, Paul tells the truth about who he was before Christ and lets the mercy he received become the loudest argument for the gospel he now preaches.



*Father, thank You for your mercy. You looked at Paul who once lived as a blasphemer, a persecutor, and a man who acted in ignorance and unbelief. It's only because of Jesus that You called him faithful and appointed him to Your service. He did not deserve that kind of grace, but that's who You are.*

*Thank You that Paul did not have to clean himself up before You could use him. You met him at his worst and poured out Your grace. Do that in me, God. Let Your grace be bigger than my past.*

*I know that Jesus came into the world to save sinners. That includes me. Let me never get over that. Let the mercy You showed me be something I live in awe of daily and bring into every relationship I have.*

*Use my story the way You used Paul's — as a display of Your patience and a picture of what You can do with anyone who comes to You. Use even the ugliest parts of my past as someone else's reason to believe in You.*

*To You, the King eternal and the only God — be honor and glory forever and ever.*

*Amen.*



# A Quiet + Peaceful Life

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Read **1 Timothy 2:1–2** slowly. Underline anything God seems to be drawing your attention to.

In a world where opinions run strong and conversations about politics divide even the closest relationships, Paul instructs us to pray for those who are in authority over us. All of them. Regardless of who they are or how we feel about them.



*Father, we bring all who are in high positions before you today with gratitude and humility.*

*When Paul wrote these words, Nero was the emperor of Rome. Nero, who persecuted Christians. Nero, who was hostile to everything the church believed and stood for. And Paul still told the church to pray for him.*

*God, we know that You are God, and no leader is beyond Your reach. So we pray for those in authority over us locally, statewide, nationally. Whether we voted for them or not. Whether we agree with them or not. Whether we like them or not.*

*Give them wisdom they cannot manufacture on their own. Surround them with counsel rooted in Your truth. Work in them in ways only You can.*

*God, help us live in a way so that Your church is known for our prayers before we are known for our opinions. Help us lead with prayer and show the watching world what it looks like to trust You with what we cannot control.*

*Do what only You can do in the leaders of our day, and help us live the quiet, peaceful, godly lives You have called us to. Don't let us put our confidence in the broken world around us looking a certain way, but let us rest knowing that it's still all in Your hands.*

*Amen.*

Who in authority is the hardest for you to pray for right now? Write a prayer for them below.

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### Pass It On

-  **Look Ahead** — Ask someone further along in faith than you: “How have you learned to pray for leaders you disagree with? What has that practice done to change you over time?”
-  **Look Beside** — Share with a peer: “How does it change the way you read this passage, knowing Paul wrote this while someone who was actively hostile to the church was emperor? Is there a leader in your life right now you need to commit to praying for consistently?”
-  **Look Behind** — Invite someone you feel called to encourage in their faith into this: “Did you know Paul wrote these 1 Timothy when a leader was in charge that was against the gospel and everything Christians stand for?” Read 1 Timothy 2:1–2 together and talk about what that looks like practically.



# Men: Clean Hearts + Lifted Hands

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Read **1 Timothy 2:3–8** slowly. Underline anything God seems to be drawing your attention to.

In these verses, Paul turns his attention specifically to the men of the church. The call is clear: pray. But the condition of your heart matters just as much as the practice — lifted hands mean nothing if the heart behind them is full of anger and conflict.

**A note for the women reading this:** Paul is speaking directly to the men of the church in these verses. As you pray through this passage, consider how you might pray for the men in your church family — that they would be men of prayer with clean hearts. You can also consider how your own encouragement and support might fuel that in them.



*Father, thank You for your mercy. You looked at Paul who once lived as a blasphemer, a persecutor, and a man who acted in ignorance and unbelief. It's only because of Jesus that You called him faithful and appointed him to Your service. He did not deserve that kind of grace, but that's who You are.*

*Thank You that Paul did not have to clean himself up before You could use him. You met him at his worst and poured out Your grace. Do that in me, God. Let Your grace be bigger than my past.*

*I know that Jesus came into the world to save sinners. That includes me. Let me never get over that. Let the mercy You showed me be something I live in awe of daily and bring into every relationship I have.*

*Use my story the way You used Paul's — as a display of Your patience and a picture of what You can do with anyone who comes to You. Use even the ugliest parts of my past as someone else's reason to believe in You.*

*To You, the King eternal and the only God — be honor and glory forever and ever.*

*Amen.*

Is there unresolved anger or a conflict with someone that has been impacting your intimacy with God? Write your prayer about it below. Be honest with Him.

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### Pass It On

-  **Look Ahead** — Ask someone further along in faith than you: “What has it looked like practically for you to deal with anger or conflict before it affects your prayer life? How have you learned to keep a clean heart?”
-  **Look Beside** — Share with a peer: “Paul connects the way men pray with the way they handle anger and conflict. Is there a relationship in your life right now where there’s anger or conflict is unresolved? What would it look like to deal with it this week?”
-  **Look Behind** — Invite someone you feel called to encourage in their faith into this: “Do you think it is harder to pray when you are angry or in conflict with someone?” Read 1 Timothy 2:8 together and talk about what Paul says our prayer life has to do with the way we handle our relationships.



# Women: Adorned with Good Works

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Read **1 Timothy 2:9–15** slowly. Underline anything God seems to be drawing your attention to.

These verses have raised a lot of questions over the years. But sometimes, we focus so much on the parts we want to pick apart that we miss the encouragement that every woman in every generation desperately needs: **you were made to be known for something that outlasts everything the world tells you to chase.** Godliness. Good works. Faith. Love. Holiness. That is the adornment that matters.

**A note for the men reading this:** Paul is speaking directly to the women of the church in these verses. As you pray through this passage, consider how you might pray for the women in your church family — that they would be women known for godliness and good works. You can also consider how your own encouragement and support might fuel that in them.



*Father, the world is loud about what I should look like, what I should wear, and where my worth comes from. And if I am honest, I listen to it more than I want to admit.*

*But You say something different. You call me to adorn myself with godliness, good works, faith, love, and holiness. That is what You want me to be known for, so that is what I want to be known for.*

*Teach me what it looks like to be a woman who receives instruction with a willing heart. Remind me that humility and teachability are marks of wisdom. Keep me from the kind of pride that thinks it has nothing left to learn.*

*Lord, let the women of this church family be known for the beauty that comes from a life surrendered to You. Let us invest in what lasts. Let us build each other up. Let us be the kind of women who make the church family stronger simply by being who You called us to be.*

*Amen.*

What is one area of your life where you sense God calling you to pursue godliness over the approval of the world? Write your prayer about it below.

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 *Pass It On*

-  **Look Ahead** — Ask someone further along in faith than you: “What has it looked like in your life to pursue godliness over the approval of the world? What has that cost you and what has it produced in you?”
-  **Look Beside** — Share with a peer: “This passage calls women to be known for good works, faith, love, and holiness. When the people closest to you think of you, what do you think they see? What do you want them to see?”
-  **Look Behind** — Invite someone you feel called to encourage in their faith into this: “Do you think most people would say it is easy to care more about what God thinks of them than what the world thinks? What would have to change in your life to make godliness the thing you chase most?”



# Leading the Church Family

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Read **1 Timothy 3:1–7** slowly. Underline anything God seems to be drawing your attention to.

These qualities are a picture of what God grows in a person who takes following Him seriously. As you read, let this passage do two things: move you to pray for the leaders God has placed over you, and let it stir something in you about who God is growing you to be.



*Father, thank You for those You have placed in leadership over our church family. You called them to it, and we are grateful.*

*Help them live above reproach — to be people of integrity whose lives match what they teach. Give them both the desire and the energy to lead their own homes well. May they be sober-minded, self-controlled, respectable, hospitable, and able to teach with the kind of gentleness that makes people want to learn.*

*Protect them from the love of money. Keep them from pride. Guard them from the traps the enemy sets specifically for those in positions of influence.*

*Grow us into the kind of church family that makes it easier for our leaders to lead well. Remind us to pray for them and encourage them. Help us follow them as they follow You.*

*Amen.*



# Those Who Serve Well



Read **1 Timothy 3:8–13** slowly. Underline anything God seems to be drawing your attention to.

This passage describes the qualities of a deacon — someone set apart to serve the practical needs of the church family. We are so grateful for the deacons who serve our church, and we know the call to serve well extends to every person in the church family. As you read, let this passage stir in you a fresh desire to be someone God can use to serve your church family.



*Father, thank You for the people in our church family who serve. The ones who show up early and stay late. The ones doing things nobody sees, asking for nothing in return. The ones who have been tested and found faithful over years of obedience. We are grateful for them, and we do not want to take them for granted.*

*Give them dignity and sincerity in their service. Let them hold the mystery of the faith with a clear conscience. Let them lead their homes and relationships well, knowing that You see every act of faithfulness — the ones celebrated and the ones no one ever knows about.*

*Lord, grow that same spirit in all of us. Help us live with the kind of integrity that makes us trustworthy in the small things and the bigger ones too. We want to be people our church family can count on. People who serve well because You are worth it and they are worth it.*

*Grow in us the good standing and great confidence in the faith that comes from a life poured out in service to You and to the people You have placed around us.*

*Amen.*

Where is God calling you to serve your church family right now? Write your prayer about it below.

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 *Pass It On*

-  **Look Ahead** — *Ask someone further along in faith than you: “What has serving your church family taught you about God that you could not have learned any other way? What has kept you faithful to serving your church over the years?”*
-  **Look Beside** — *Share with a peer: “What do you think holds most people back from serving their church family? Where do you currently serve in your church, or what step do you need to take to begin serving?”*
-  **Look Behind** — *Invite someone you feel called to encourage in their faith into this: “What do you think it looks like to serve your church family well?” Read 1 Timothy 3:8–13 together and talk about why Paul connects the way we serve with the condition of our hearts.*



# When Teaching Goes Wrong

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Read [1 Timothy 4:1–5](#) slowly. Underline anything God seems to be drawing your attention to.

False teaching is not a surprise to God. He warned us it was coming. His answer to it has always been the same: aim to know His truth so well that anything contrary to it has no room to take hold of your heart and mind.



*Father, Your Word is clear. In later times, some will depart from the faith, devoting themselves to teachings that lead away from You. We are not naive enough to think that could not happen to someone we love, or even to us, if we are not rooted in truth.*

*Guard us, Lord. Give us discernment to recognize when something leads away from You, even when it sounds convincing. Let Your Word be so familiar to us that anything contrary to it feels foreign immediately. Make us people who know Your voice well enough to recognize when another voice is speaking.*

*Protect the people in our church family from teaching that distorts the gospel. Give our leaders wisdom to address false teaching with clarity and gentleness when it appears. Make us a church family that loves Your truth enough to protect it and humble enough to keep learning it.*

*Lord, everything You created is good. Every gift You have given us is meant to be received with gratitude. Let us walk in the freedom of a faith rooted in Your Word and prayer.*

*Amen.*



# Do Not Neglect God's Gift

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Read **1 Timothy 4:12–14** slowly. Underline anything God seems to be drawing your attention to.

Paul's word to Timothy is the same reminder we all need: The gift God gave you was on purpose and meant to be used right where He has you. Do not neglect it. Use it and set an example for others.



*Father, thank You for the reminder that You equip everyone You call. Timothy was young, but You still had something specific for him to do and a gift placed in him to do it with.*

*Forgive me for the times I have neglected the gift You placed in me. Do not let fear talk me out of using it, busyness crowd out the time to develop it, or the opinions of others carry more weight than responding in obedience to use the gift You gave me.*

*Show me the gift You gave me through Your Word and the confirmation of the people around me. Give me the courage to use it. I do not want to miss what You intended for me to do in this church family and in this world.*

*Use me to set an example in speech, in conduct, in love, in faith, in purity. Let my life be the kind of life that gives someone else permission to step into using the gift You gave them.*

*You gave me a gift to use, so I will not leave it buried. Help me steward it well for Your glory and for the good of the people around me.*

*Amen.*



# Take Care of Our Own

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Read **1 Timothy 5:3–16** slowly. Underline anything God seems to be drawing your attention to.

The instructions about caring for widows reveal the heart of every healthy church family: we take care of our own. The vulnerable, the lonely, the overlooked, and the ones in seasons of need are family members to be honored, seen, and loved well.



*Father, Your heart for the vulnerable is woven all through Your Word. You see the widow. You see the one who is alone. You see the one in our church family who is struggling and wondering if anyone notices. We want to be a church family that sees people how You see them.*

*We pray for the widows in our church family today — the women navigating life without their husbands. Surround them with Your presence. Surround them with Your people. Let the love of this church family reach them in ways that are practical, consistent, and personal.*

*We pray for everyone among us in a season of vulnerability — the ones who are grieving, the ones who are isolated, the ones walking through something they have not said out loud to anyone yet. Give us eyes to see them and courage to show up for them before they have to ask.*

*Lord, let us be a church family where people are honored for simply belonging to this family You have built. Let no one among us feel invisible.*

*Amen.*



# Contentment Is How You Fight

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Read **1 Timothy 6:6–12** slowly. Underline anything God seems to be drawing your attention to.

Paul knows what the love of money does to a person, and he has watched it happen. In these verses, he points us toward the only posture we truly need: godliness with contentment. Living this way is countercultural in every generation. And for the believer, it is one of the most powerful ways we fight for the godly life we were actually made for.



*Father, we brought nothing into this world and we will take nothing out of it. That is a freeing truth. It means we were never meant to find our security in what we accumulate.*

*Forgive us for the times we have let the love of money or the love of what money represents — security, status, control — pull us away from You. Forgive us for the times we have pierced ourselves with many griefs chasing things that can never satisfy us.*

*Lord, grow godliness in us. Grow contentment in us. Let us be people who know the difference between what we need and what we want, and who hold loosely to both. Let us find in You the security only You can give.*

*And Lord, let us fight the good fight of faith. Let us take hold of the eternal life to which we were called. Let contentment be the weapon You grow in us to fight for what actually matters.*

*Amen.*



# Rich Toward God



Read [1 Timothy 6:17–19](#) slowly. Underline anything God seems to be drawing your attention to.

This passage is specifically written to the wealthy, and by global standards, most of us reading this qualify. We are living in one of the most affluent generations in history. What God wants from us is clear: put your hope in Him and be generous with everything He has given you.



*Father, everything we have comes from You. Every good gift. Every resource. Every opportunity. You richly provide us with everything to enjoy, and we want to hold it all with open hands.*

*Forgive us for the times we have placed our hope in what we have accumulated rather than in You. You are the only foundation that lasts, and we want to build our lives on that truth.*

*Teach us to be rich in good works. Generous. Ready to share. Willing to loosen our grip on the things of this world so that our hands are free to give, to serve, and to love the people around us well.*

*Lord, let the resources You have placed in our hands flow through us and into the lives of the people in our church family and beyond. Let generosity be one of the defining marks of who we are. Let us invest in eternity — and in doing so, take hold of what is truly life.*

*We want to be rich toward You. Teach us what that looks like starting today.*

*Amen.*







# This Is Only the Beginning

Over 12 weeks, you've taken what God has shown you and brought it to God in prayer and into the relationships around you through gospel conversations. The habits you've built are meant to outlast these pages. That is discipleship — and it looks good on you.

Keep reading your Bible slowly. Keep underlining what God draws your attention to. Keep turning what you read into conversation with Him. Keep looking ahead to the person who has something to pour into you, beside you to the person following Jesus alongside you, and behind you to the person who needs what God has been growing in you.

You were made for this church family. And this church family is stronger because you are in it.





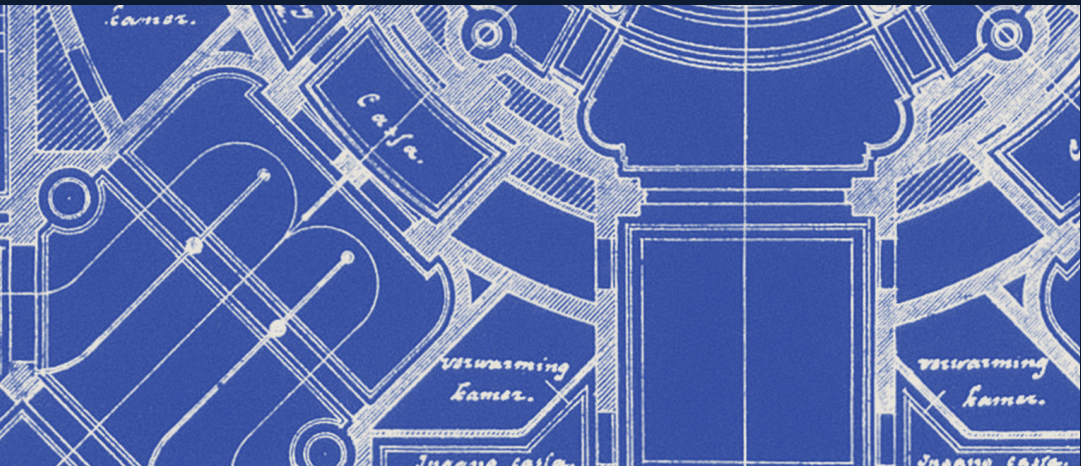


# Additional Resources





# Join a Group





One of the best ways to keep discipleship alive beyond this journal is to find your people in a Biltmore group. Groups meet throughout the week across our campuses and in homes, and there is one for wherever you are in life and faith.

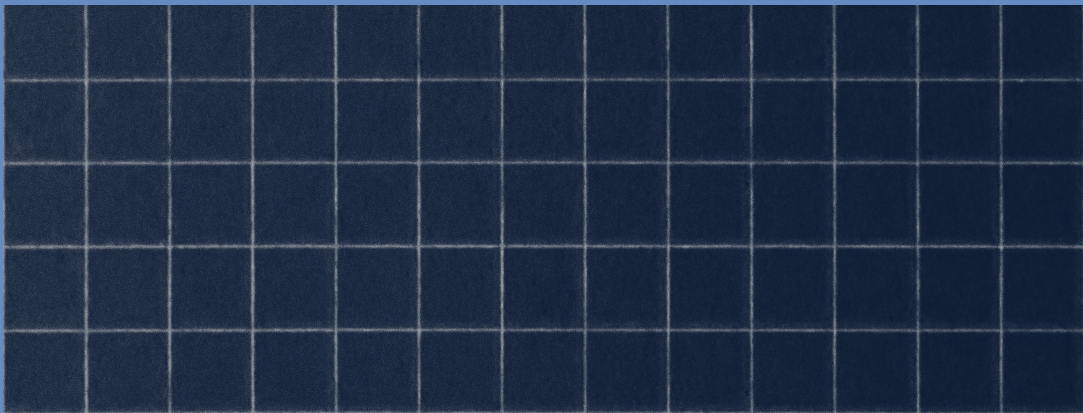
Visit [biltmore.church/groups](http://biltmore.church/groups) to find yours.





1 Timothy challenged you to bring what God is growing in you into your church family. Joining a Reach Team is one of the most tangible ways to do exactly that. We serve together, we grow together, and we need you.

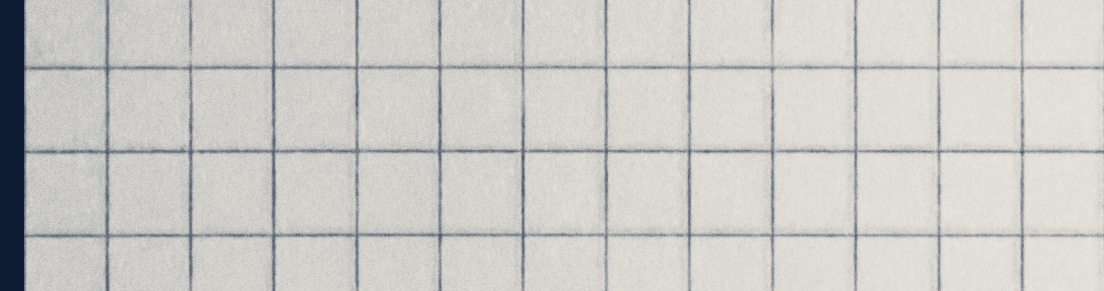
Visit [biltmore.church/serve](http://biltmore.church/serve) to take your next step.





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WITH BRUCE FRANK





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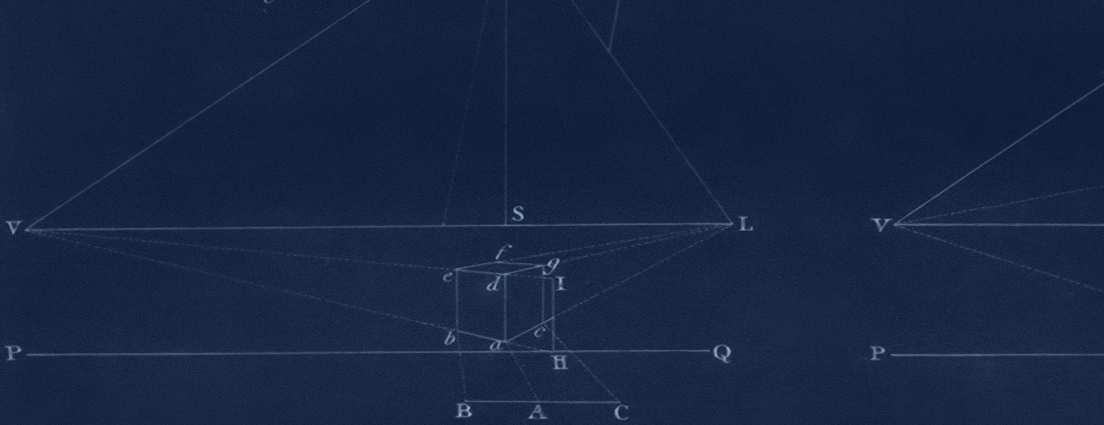


Fig. 7.

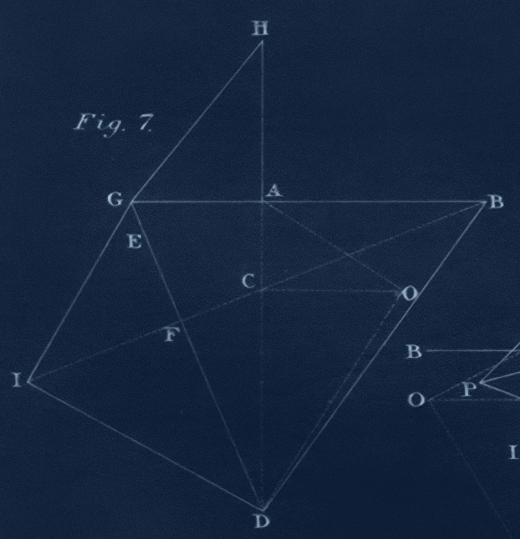


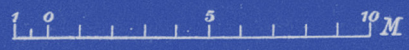
Fig. 8.



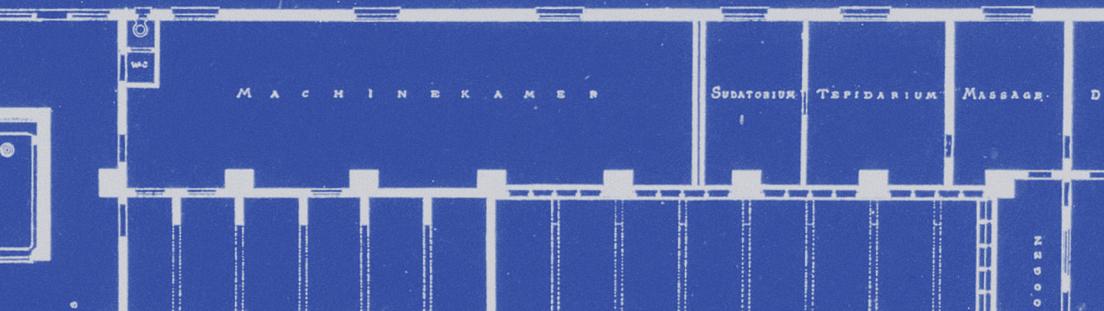
Fig. 10.



Fig. 11.



STERREIN



# The Bible App



Read God's Word anytime, anywhere using the YouVersion Bible App! Scan the QR Code above to access Biltmore Church on YouVersion, share Scripture with friends, highlight passages, and create a daily habit with the Bible.

Fig. 9.

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# Scripture Memorization Tips



*Tip #1* Write the first letter of each word of the verse on a sticky note, index card, or in the notes app on your phone. Practice saying the verse while looking at the note, then gradually reduce reliance on the note until you can recite the verses without it.

*Tip #2* Repeatedly recite the verse throughout the day to reinforce memory. Try saying it aloud in the morning, during breaks, and before bed.

*Tip #3* Write the verse by hand multiple times each day, then read it aloud, to engage different parts of your brain. Set a goal to write the verse from memory by the end of the week.

*Tip #4* Use index cards, posters, or sticky notes to place the verse in frequently seen locations like your bathroom mirror, car dashboard, or refrigerator.

*Tip #5* Break the verse into smaller sections and memorize each section individually before putting them together. For example, with 1 Timothy 4:12 you might start with “Let no one despise you for your youth,” then add “but set the believers an example,” then work through each quality: “in speech, in conduct, in love, in faith, in purity.”

*Tip #6* Put the verses to a familiar tune or rhythm to make it easier to remember (like “Twinkle, Twinkle, Little Star.” It might seem silly at first, but it works! (If you’re a parent, this is a great way to teach your kids too!))

*Tip #7* Explain the verse to someone else to reinforce your own memory. Discuss this verse’s meaning and application with a different family member or friend each day during the week.

*Tip #8* Link the verse with a powerful image in your mind. Try to imagine what’s being said in the verse actually happening around you.

*Tip #9* Utilize apps designed for scripture memorization, which often include games and quizzes to reinforce learning. Apps like “Bible Memory” or “Scripture Typer” can be very helpful!

*Tip #10* Assign specific gestures/motions to different parts of the verse. Moving as you recite can help reinforce memory through repetitive movement.





# Memory Verse Tear-Outs





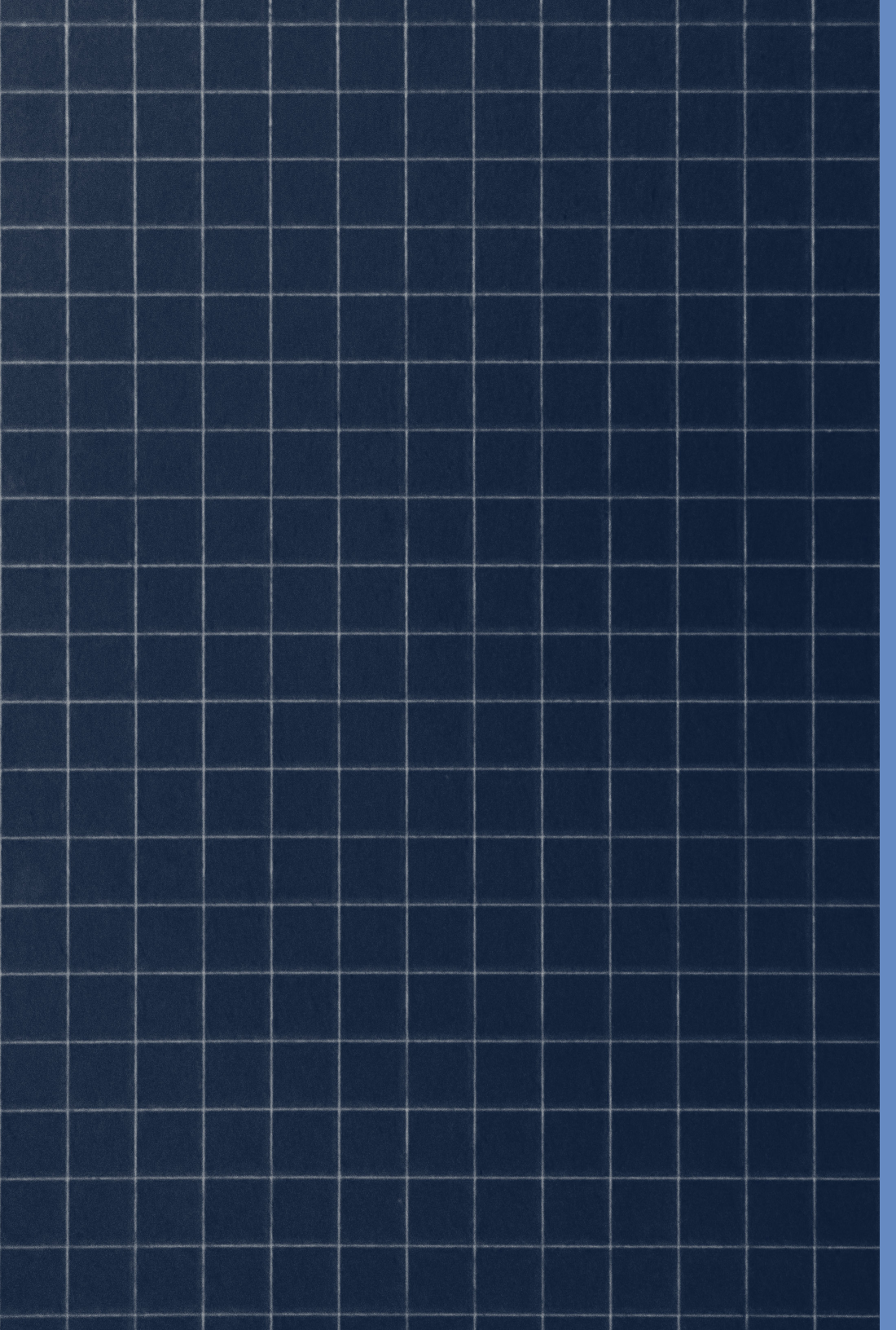
The aim of our charge  
is love that issues from  
a pure heart and a  
good conscience and a  
sincere faith.

*1 Timothy 7:5*



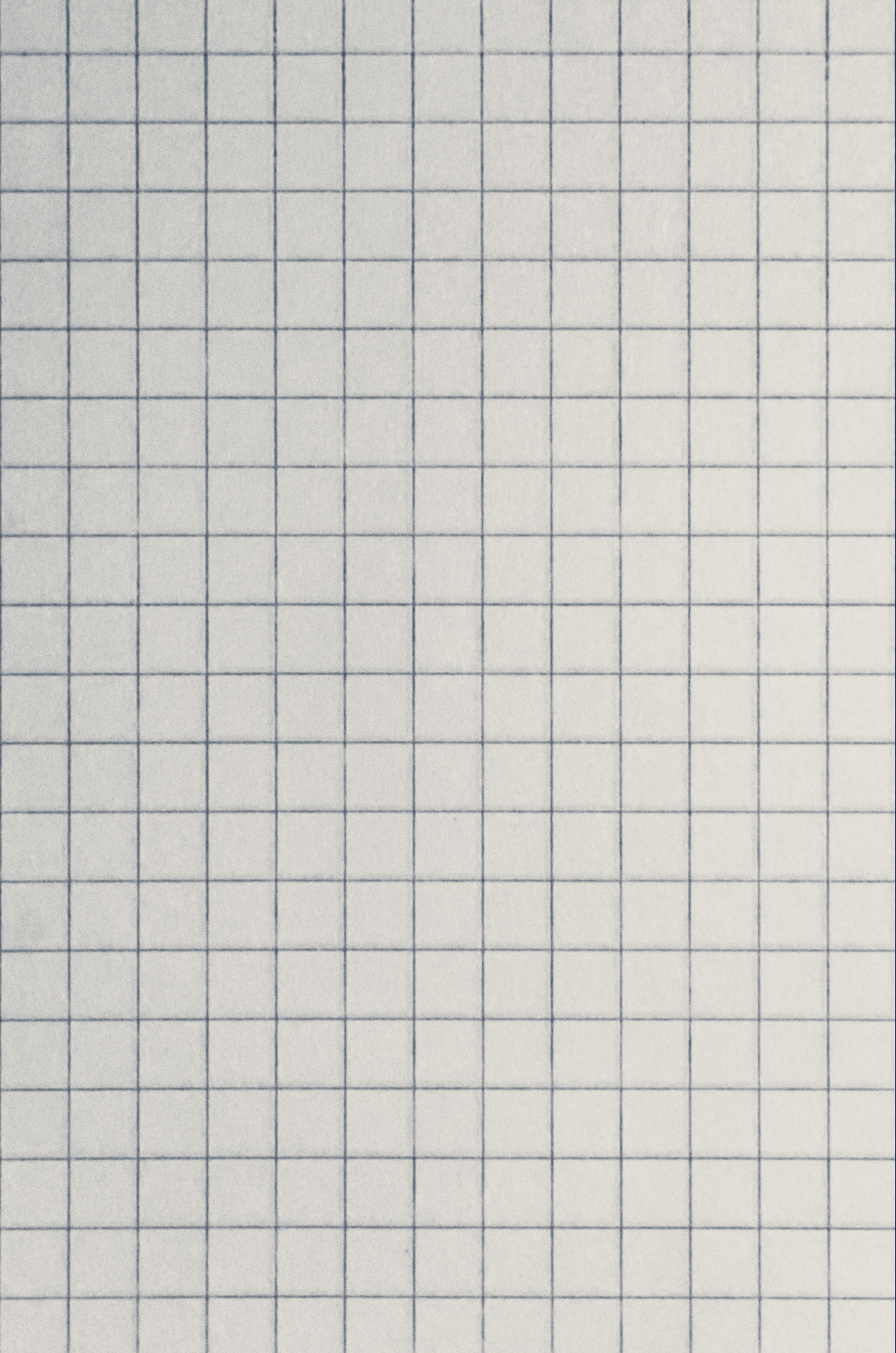
<sup>12</sup> I thank him who has given me strength, Christ Jesus our Lord, because he judged me faithful, appointing me to his service, <sup>13</sup> though formerly I was a blasphemer, persecutor, and insolent opponent. But I received mercy because I had acted ignorantly in unbelief, <sup>14</sup> and the grace of our Lord overflowed for me with the faith and love that are in Christ Jesus.

*1 Timothy 1:12-14*



<sup>1</sup> First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, <sup>2</sup> for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way.

*1 Timothy 2:1-2*



<sup>5</sup> For there is one God, and there is one mediator between God and men, the man Christ Jesus, <sup>6</sup> who gave himself as a ransom for all, which is the testimony given at the proper time.

*1 Timothy 2:5-6*

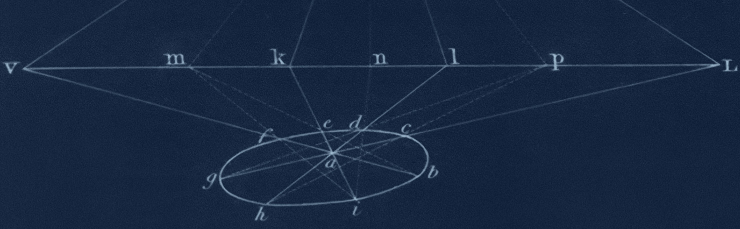


Fig. 5.

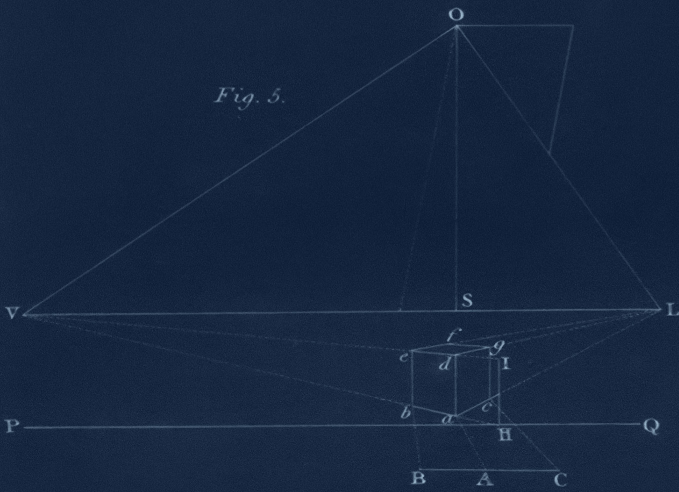


Fig. 6.

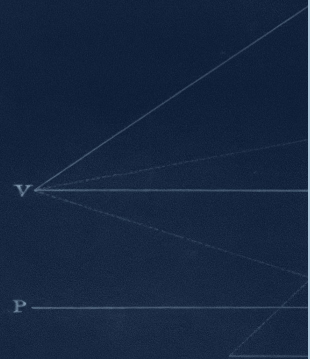


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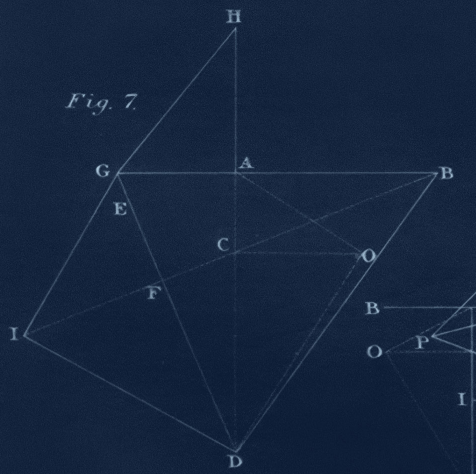


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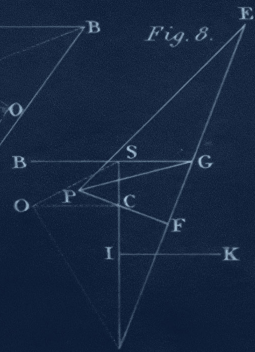


Fig. 9.

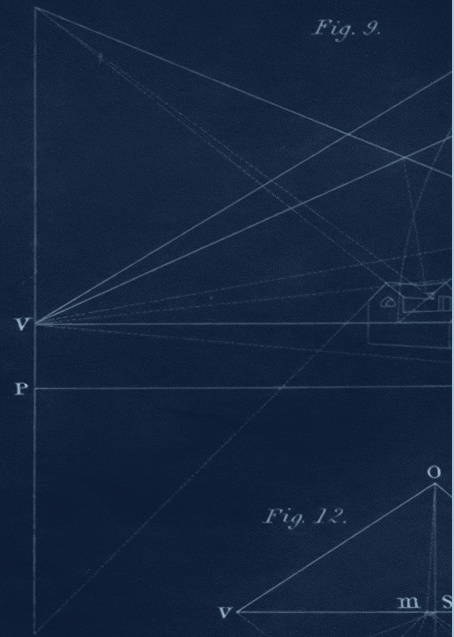


Fig. 10.

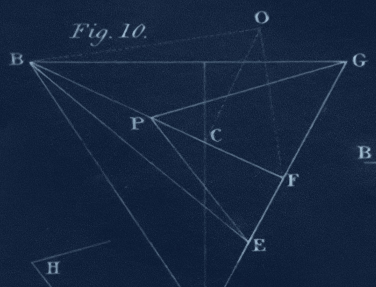


Fig. 11.

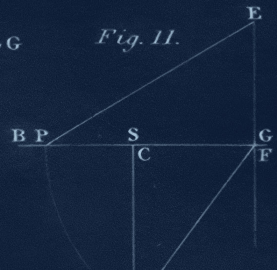
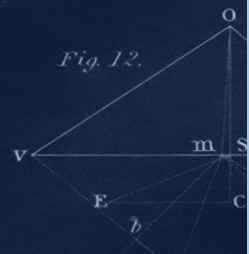
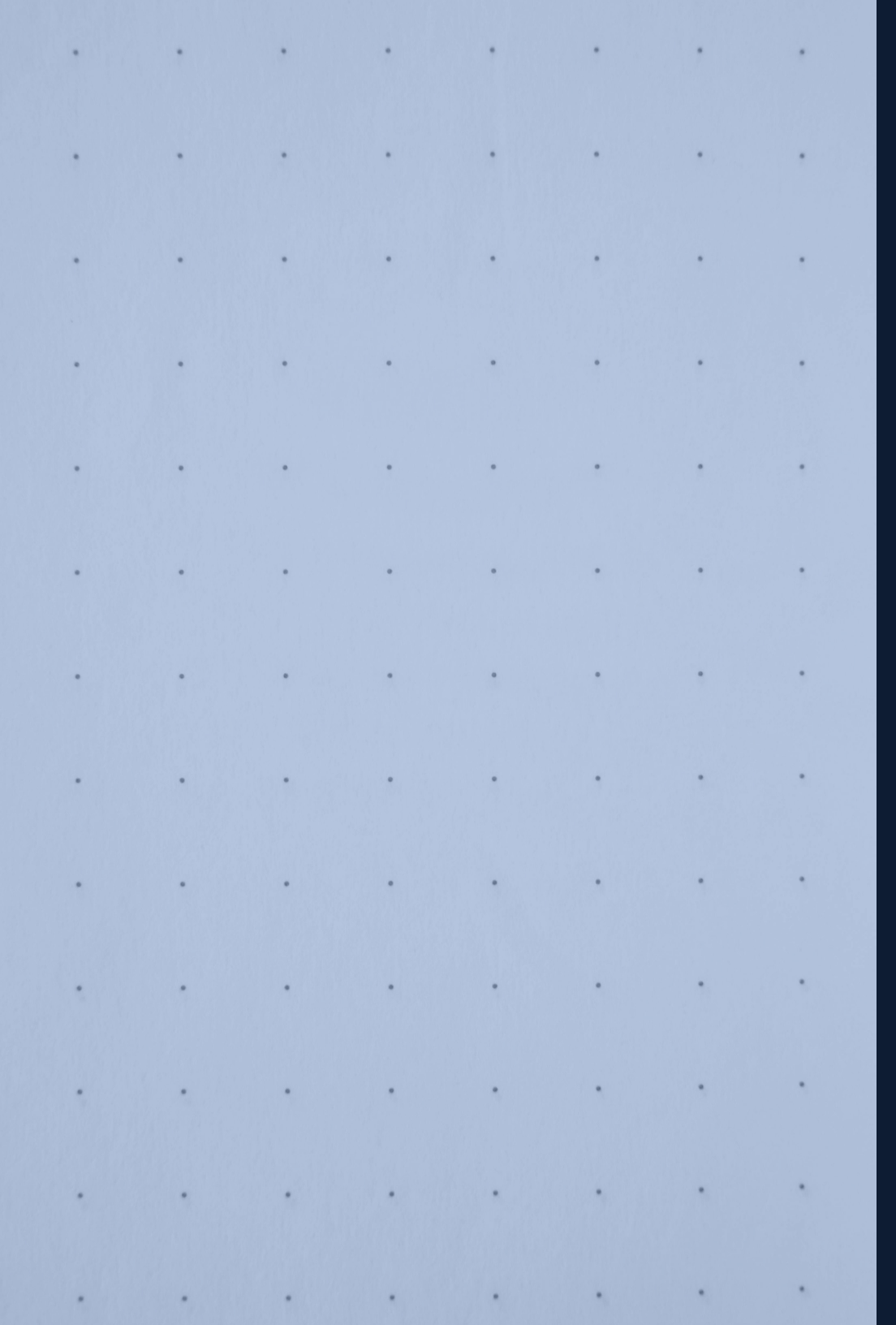


Fig. 12.



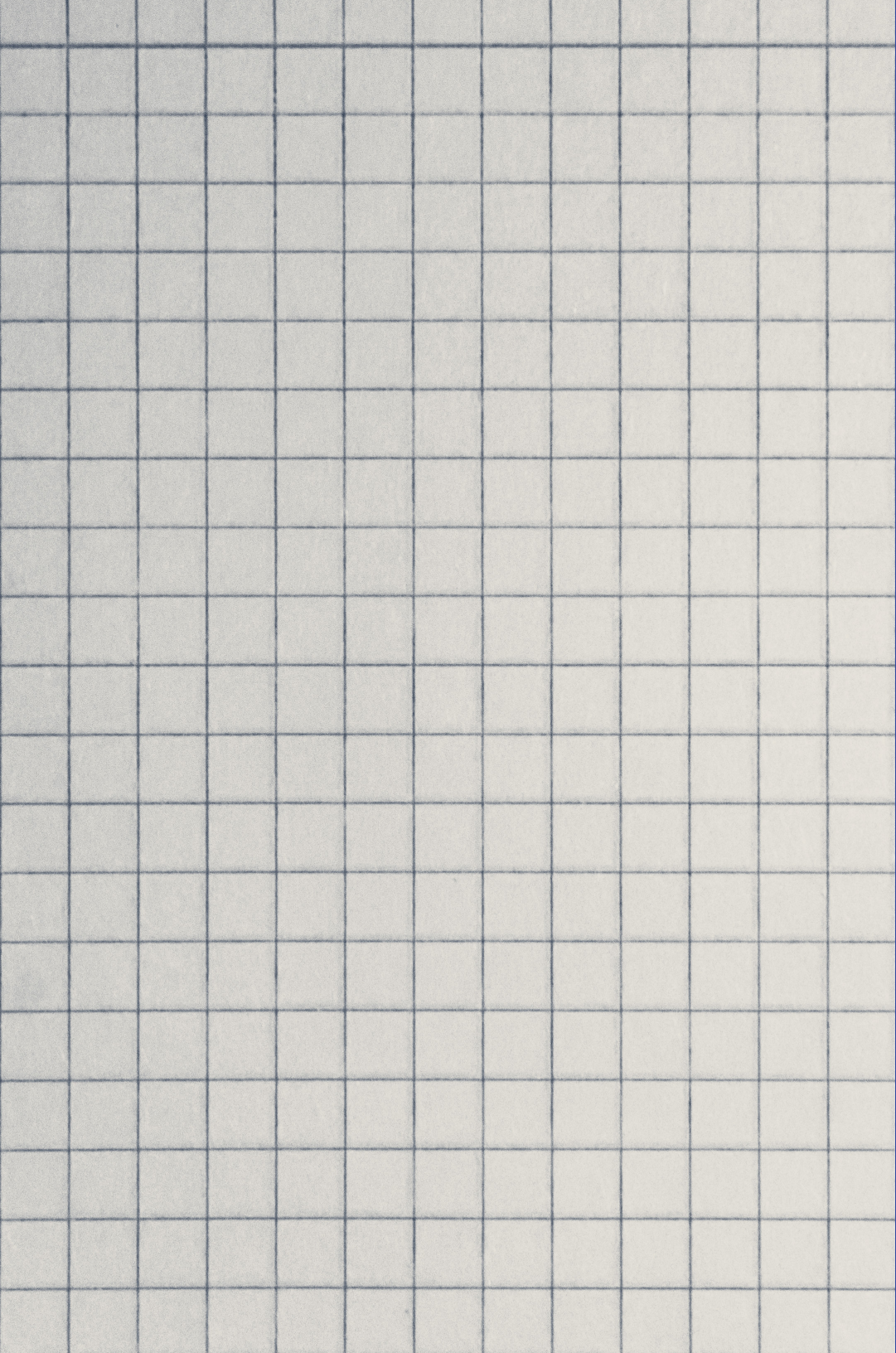
for while bodily training is of  
some value, godliness is of  
value in every way, as it holds  
promise for the present life and  
also for the life to come.

*1 Timothy 4:8*



Let no one despise you  
for your youth, but set the  
believers an example in  
speech, in conduct, in love,  
in faith, in purity.

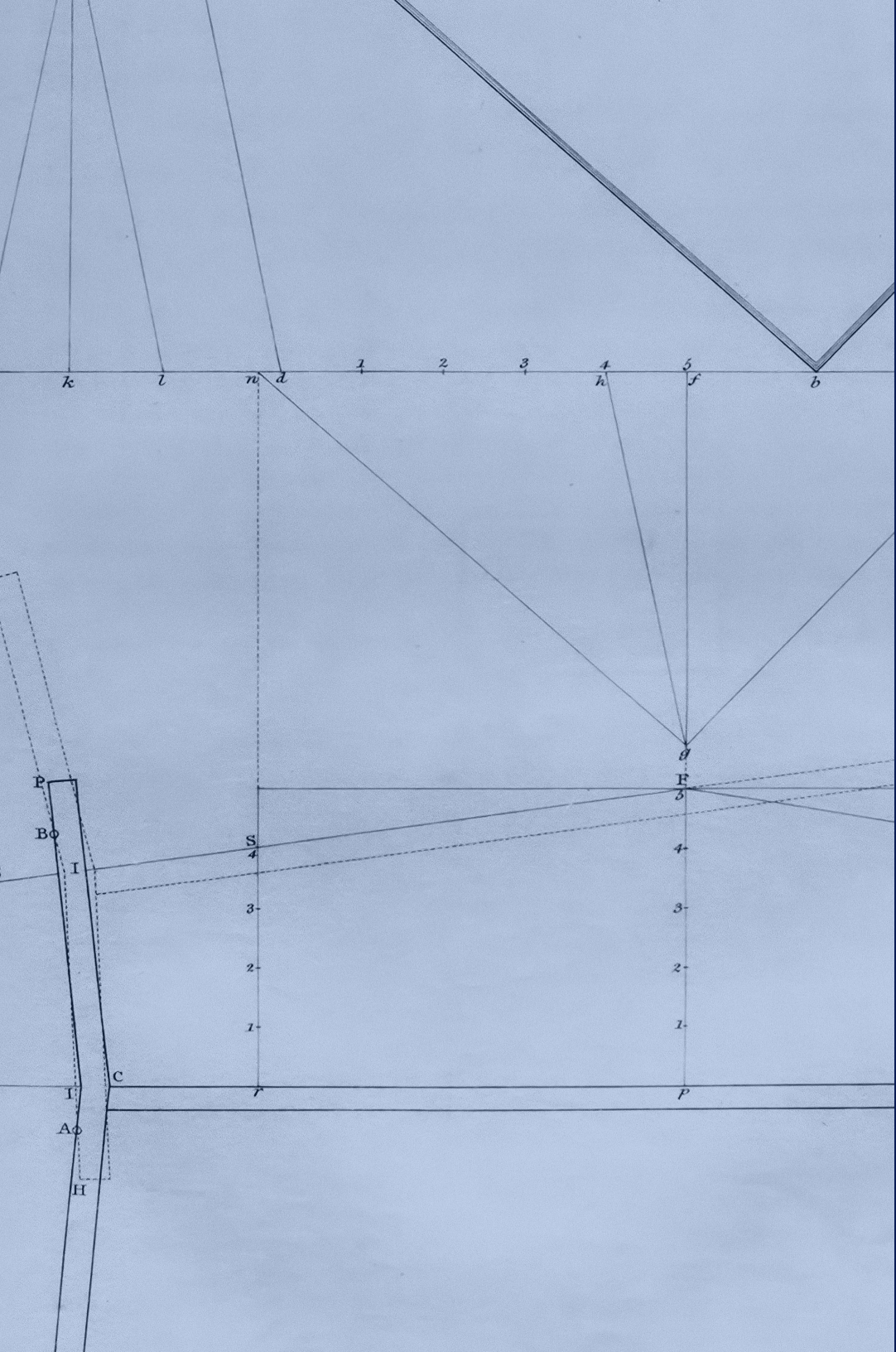
*1 Timothy 4:12*



<sup>6</sup>but she who is self-indulgent  
is dead even while she lives.

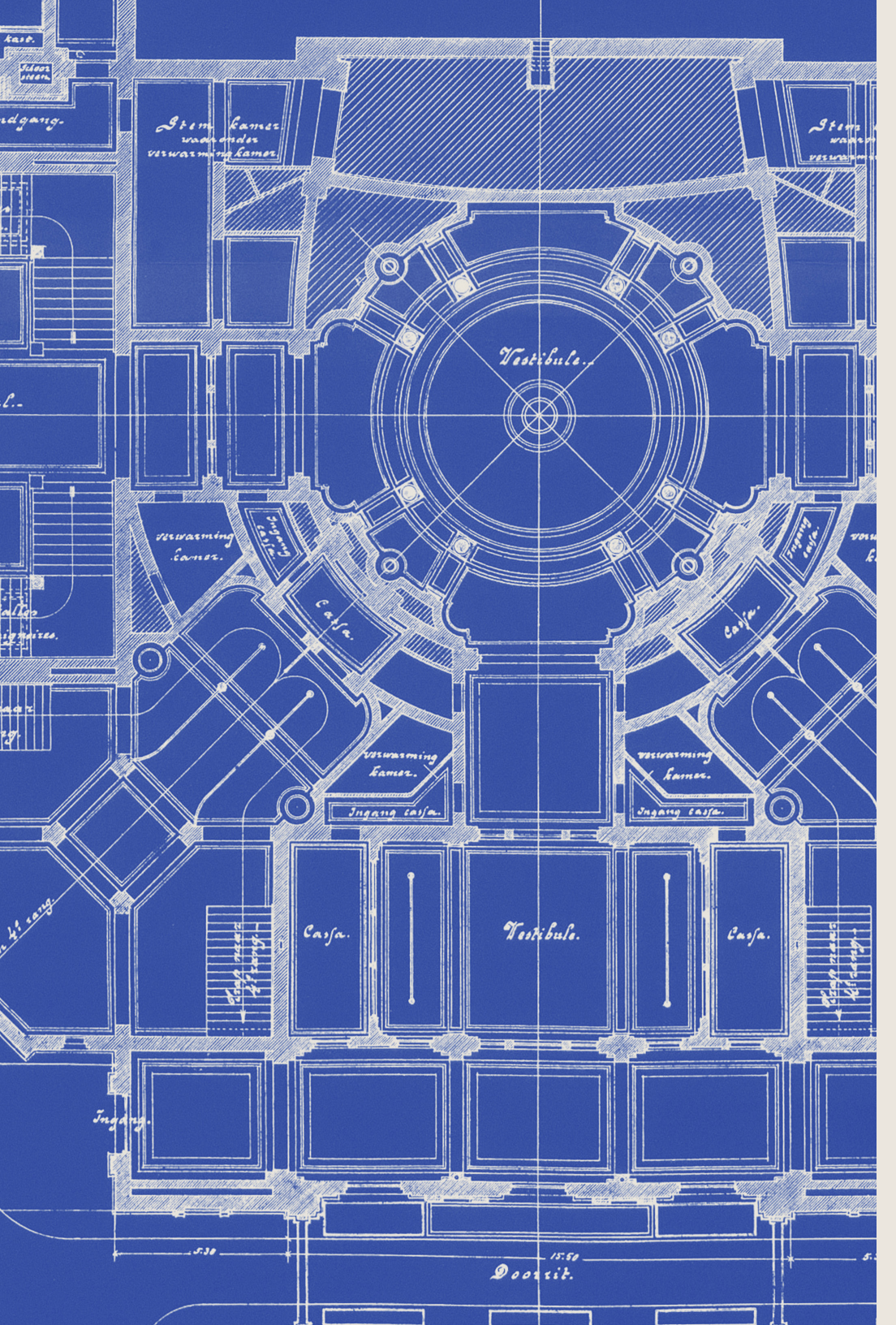
<sup>7</sup> Command these things as  
well, so that they may be  
without reproach.

*1 Timothy 6:6-7*



For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs.

*1 Timothy 6:10*



Stem kames  
wam anoles  
vswazmng kamos

Stem  
wam  
vswazmng

Testibulo.

Vestibulo  
kamos.

Cassa.

Cassa.

Vestibulo  
kamos.

Vestibulo  
kamos.

Ingressu Cassa.

Ingressu Cassa.

Cassa.

Testibulo.

Cassa.

Ingressu.

15.30

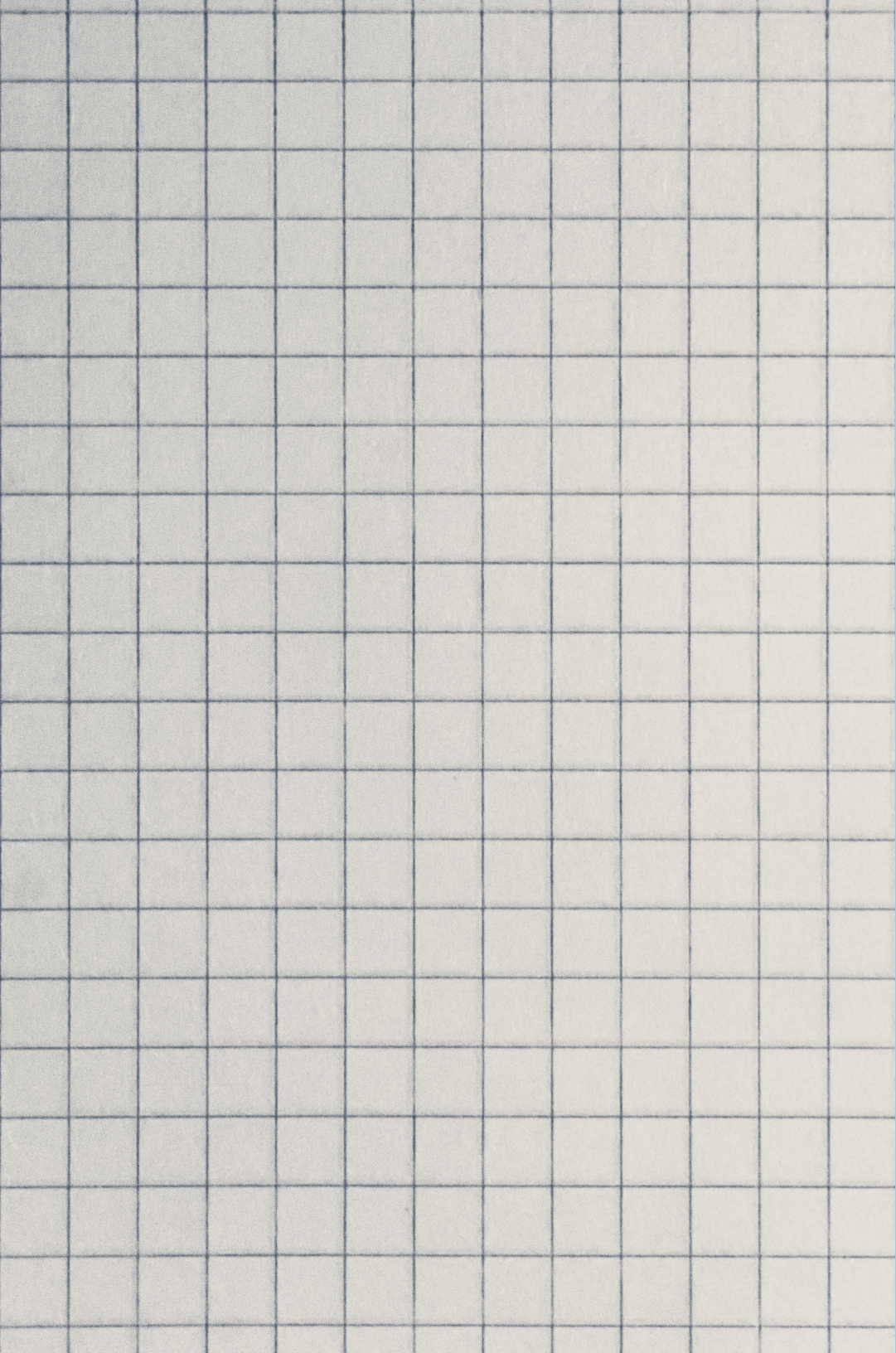
15.50

Dossit.

5.

Fight the good fight of the faith.  
Take hold of the eternal life  
to which you were called and  
about which you made the good  
confession in the presence of  
many witnesses.

*1 Timothy 6:12*



<sup>17</sup> As for the rich in this present age, charge them not to be haughty, nor to set their hopes on the uncertainty of riches, but on God, who richly provides us with everything to enjoy. <sup>18</sup> They are to do good, to be rich in good works, to be generous and ready to share,

1 Timothy 6:17-18



































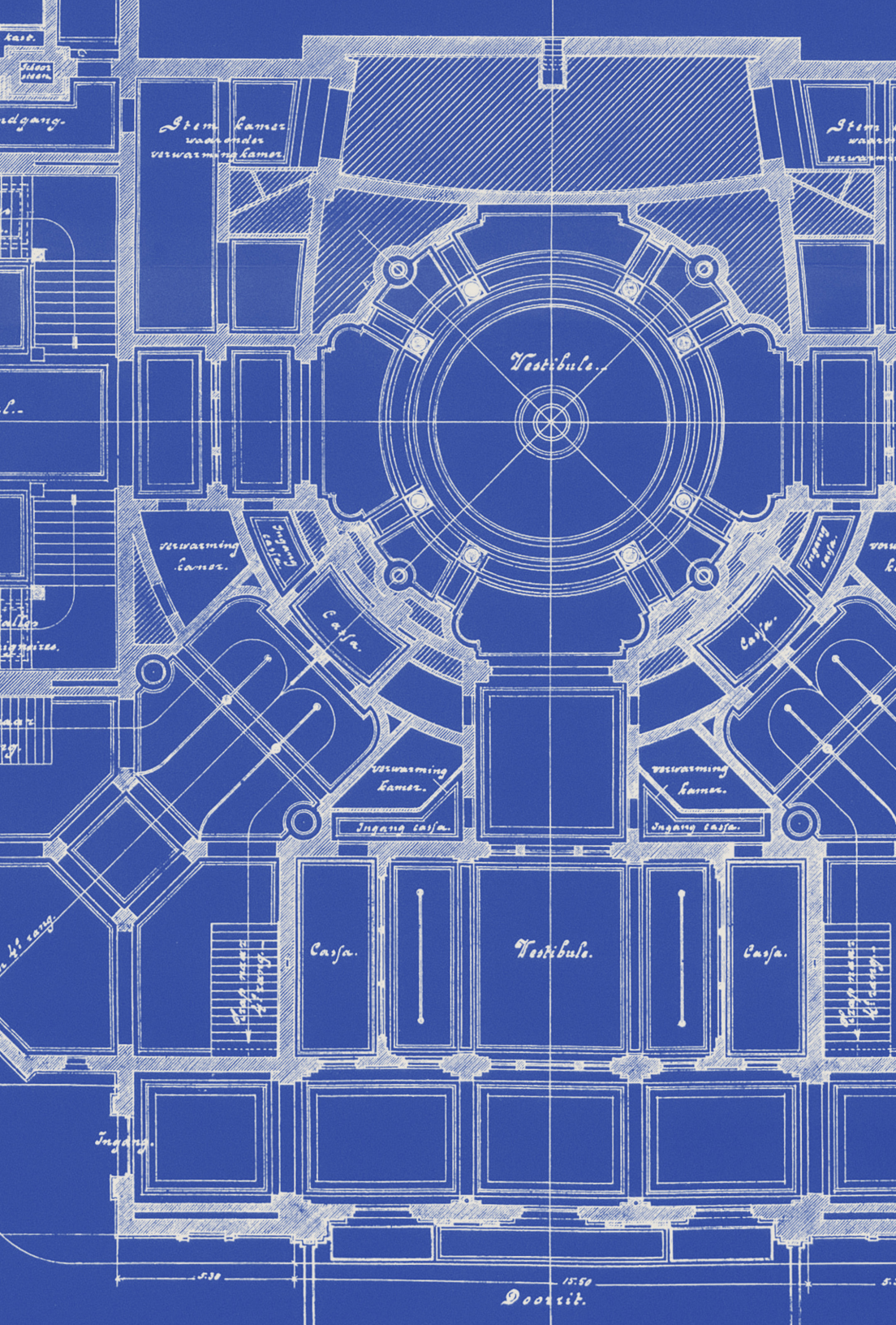












Stem Kamer  
waarmedes  
verwarming Kamer

Stem  
Kamer  
waarmedes  
verwarming  
Kamer

Vestibula...

Verwarming  
Kamer.

Ingang  
Casja

Casja.

Ingang  
Casja.

Casja.

Verwarming  
Kamer.

Ingang Casja.

Verwarming  
Kamer.

Ingang Casja.

Casja.

Vestibula.

Casja.

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0.30

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Doorsit.