



September

Welcome to David's Men! David's Men is a nine-month intensive men's discipleship program that roots itself in important discipleship practices or disciplines like Scripture reading, Scripture memorization, community, confession, and more.

To help you divide your time each month, we designed a template that you can use to accomplish your goals more easily.

Daily - Daily disciplines include:

- **Scripture reading** - Read all assigned passages from Weeks 1 & 2.
 - **Journaling** - Use the H.E.A.R. acrostic to read and study Scripture intentionally.
 - **Prayer** - Use the *R* in H.E.A.R. to guide your prayers
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Weekly - Weekly disciplines include:

- **Scripture Memory** - This month, you will memorize
 - *Hebrews 10:24-25*
 - **Reading** - There is no book this month. Use the extra time to memorize your verses, catch up on your reading plan if you fall behind, etc.
 - **Group Check-In** - Create a group text thread or use an app like Marco Polo, or Telegram to stay connected with your group throughout the month
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Monthly - Monthly disciplines include:

- **The Spiritual Discipline** - There is no spiritual discipline this month. Use the extra time to memorize your verses, catch up on your reading plan if you fall behind, etc.
- **Man Date** - There will be no Man Dates for the month of September
- **Book Review** - There is no book for the month of September
- **Group Meeting** - Your group will meet each month for accountability and to deepen your relationship with one another. You will come prepared to discuss the book, review Scripture memory, and share reflections from journaling, your man-date, and your spiritual discipline.

- **REMINDER:** Each month, go to biltmorechurch.com/davidsmen to download materials.
 - The link above will be updated monthly with resources, and these monthly pages to help you as you prepare for your month with the verses, assignments, and the link to buy the book. This link will be included in every monthly David's Men page.